

11TH SUNDAY AFTER PENTECOST



AT-HOME GUIDE FOR FAMILIES

August 16, 2020

A SERVICE OF SPIRITUAL COMMUNION

Before the service, decorate the home with greenery and flowers. Set up a small table with a piece of green fabric on it. If you have candles and a Bible, place these on the table.

OPENING ANTHEM

Begin with an opening hymn. We recommend "Praise the Savior."

**Praise the Savior, now and ever;
praise him, all beneath the skies;
self denying, suffering, dying,
on the cross a sacrifice.
Victory gaining, life obtaining,
now in glory he doth rise!**

**Our work faileth, Christ's availeth;
he is all our righteousness.
He, our Savior, has forever
set us free from dire distress.
Through his merit we inherit
light and peace and happiness.**

**Sin's bonds severed, we're delivered;
Christ has crushed the serpent's head.
Death no longer is the stronger;
hell itself is captive led.
Christ has risen from death's prison;
o'er the tomb he light has shed.**

**4 For his favor, praise forever
unto God the Father sing.
Praise the Savior, praise him ever,
Son of God, our Lord and King.
Praise the Spirit; through Christ's merit
he doth us salvation bring.**

THE ACCLAMATION

The People standing, the Officiant says

**Blessed be God: the Father, the Son, and the Holy Spirit.
People And blessed be his kingdom, now and forever. Amen.**

THE COLLECT FOR PREPARATION

The Officiant says

Let us pray.

The Officiant and People pray together

Guide and direct us, O Lord, always and everywhere with your holy light, that we may discern with clear vision your presence among us, and partake with worthy intention of your spiritual presence and communion. Amen.

THE SUMMARY OF THE LAW

The Officiant says the following

Jesus said: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.

THE KYRIE

The Officiant and People pray together

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

The Officiant says to the People

The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

Keep your Church, O Lord, by your perpetual mercy; and because without you the frailty of our nature causes us to fall, keep us from all things hurtful, and lead us to all things profitable for our salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People sit.

THE FIRST LESSON

A Reading from Isaiah 56:1, 6–8

- ¹ Thus says the LORD:
 Maintain justice, and do what is right,
for soon my salvation will come,
 and my deliverance be revealed...
- ⁶ And the foreigners who join themselves to the LORD,
 to minister to him, to love the name of the LORD,
 and to be his servants,
all who keep the sabbath, and do not profane it,
 and hold fast my covenant—
- ⁷ these I will bring to my holy mountain,
 and make them joyful in my house of prayer;
their burnt offerings and their sacrifices
 will be accepted on my altar;
for my house shall be called a house of prayer
 for all peoples.
- ⁸ Thus says the Lord GOD,
 who gathers the outcasts of Israel,
I will gather others to them
 besides those already gathered.

The Word of the Lord.

People **Thanks be to God.**

PSALM 67

Sing Psalm 67 together as a family. We recommend the version online recorded by The Corner Room.

**May God be gracious to us and bless us
And make his face to shine upon us,
that your way may be known on earth,
Your saving power among all nations.**

**Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let all the peoples praise you!**

**Let the nations be glad and sing for joy,
For you judge the peoples with equity
And guide the nations upon earth.**

**Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let all the peoples praise you!**

**The earth has yielded its increase;
God, our God, shall bless us.
God shall bless us;
Let all the ends of the earth fear him!**

**Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let the peoples praise you, O God;
Let all the peoples praise you!**

**Let the peoples praise you, O God;
Let all the peoples praise you!**

THE SECOND LESSON

A Reading from Ephesians 2:13–22

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. ¹⁴ For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. ¹⁵ He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, ¹⁶ and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. ¹⁷ So he came and proclaimed peace to you who were far off and peace to those who were near; ¹⁸ for through him both of us have access in one Spirit to the Father. ¹⁹ So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, ²⁰ built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. ²¹ In him the whole structure is joined together and grows into a holy temple in the Lord; ²² in whom you also are built together spiritually into a dwelling place for God.

The Word of the Lord.

People **Thanks be to God.**

THE GOSPEL

A Reading from Mark 3:31–35

Then Jesus' mother and his brothers came; and standing outside, they sent to him and called him. ³² A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." ³³ And he replied, "Who are my mother and my brothers?" ³⁴ And looking at those who sat around him, he said, "Here are my mother and my brothers! ³⁵ Whoever does the will of God is my brother and sister and mother."

The Word of the Lord.

People **Thanks be to God.**

The People sit.

THE HOMILY

Take a moment to talk with your family about the Gospel Lesson. You may also access Fr. Wes' sermon online.



HYMN

“Christ Our Hope in Life and Death” *Getty, Getty, Papa
Boswell, Kauflin, Merker*

**What is our hope in life and death?
Christ alone, Christ alone.
What is our only confidence?
That our souls to him belong.
Who holds our days within his hand?
What comes, apart from his command?
And what will keep us to the end?
The love of Christ, in which we stand.**

Chorus

***O sing hallelujah!
Our hope springs eternal;
O sing hallelujah!
Now and ever we confess
Christ our hope in life and death.***

**What truth can calm the troubled soul?
God is good, God is good.
Where is his grace and goodness known?
In our great Redeemer’s blood.
Who holds our faith when fears arise?
Who stands above the stormy trial?
Who sends the waves that bring us nigh
Unto the shore, the rock of Christ?**

Chorus

**Unto the grave, what shall we sing?
“Christ, he lives; Christ, he lives!”
And what reward will heaven bring?
Everlasting life with him.
There we will rise to meet the Lord,
Then sin and death will be destroyed,
And we will feast in endless joy,
When Christ is ours forevermore.**

Chorus

THE APOSTLES' CREED

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE PEOPLE

The Officiant invites the People to offer intercessions and laments.

Please remember in your prayers:

- Foley, our Archbishop, and Bill, our Bishop, and for all the clergy and people in our Diocese and Congregation, especially Transformation Anglican Church in Rockwall, TX and the Rev. Don McLane
- Jerry and Stacy Kramer in Tanzania and Iraq, Suzy McCall and Amanda Scott in Honduras, Craig Stewart in South Africa, and Tillie Tiller in Chad
- Our president, Donald Trump, our governor, Bill Lee, and our mayor, Scott Conger
- Those who are in trouble, sorrow, need, sickness, or any other adversity, especially Rich and Carole Beitz, Hayes Binkley, Kenn Carr, Debbie Colgrove, Carlin Diffie, Mary Louise Flanagan, Bill and Anne Ross, Lloyd and Lynn Tatum, Walter Townsend, Stephanie Traylor, the Pooles, Liam and Wendy Williams.
- Those celebrating birthdays this week, especially Rachelle Carraher, Weston Box, Rebecca Edgren, Jeremy Blaschke, and Moses Roberts, and also for those celebrating anniversaries this week, especially Fr. Wes and Abbie Gristy, Butch and Kay Shearin, and Andrew and Lauren Scheck.

A COLLECT FOR COVID-19

Almighty God, our strong tower and defense in time of trouble: We ask for your continued deliverance from the dangers associated with COVID-19, which lately have surrounded us and taken the lives of so many. In this time of fear and anxiety, we beseech you to send us your gracious gift of peace. We confess that your goodness alone has preserved us; and we ask you still to continue your mercies toward us, that we may always know and acknowledge you as our Savior and mighty Deliverer; through Jesus Christ our Lord. **Amen.**

THE COLLECT FOR RACIAL HEALING

God of Heaven and Earth, you created the one human family and endowed each person with great dignity. Aid us, we pray, in overcoming the sin of racism. Grant us your grace in eliminating this blight from our hearts, our communities, our social and civil institutions. Fill our hearts with love for you and our neighbor so that we may work with you in healing our land from racial injustice; through Jesus Christ your Son our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

THE CONFESSION OF SIN

The Officiant says to the People

Let us humbly confess our sins to Almighty God.

Silence is kept. All kneeling, the Officiant and People say

Dear God, we are sorry for the things we have done wrong. We are sorry, too, for the good things that we should have done but did not do or say. Please help us to love you better. Help us also to love other people as we love ourselves. Please forgive us when we are not loving and when we do not obey you. This we ask in the name of Jesus. Amen.

The Officiant says

May God love, forgive, and strengthen us through our Lord Jesus Christ, and may He protect and keep us by the power of the Holy Spirit. **Amen.**

The People stand.

THE PEACE

Officiant The Peace of the Lord be always with you.
People **And with your spirit.**

PREPARATION FOR SPIRITUAL COMMUNION

The Officiant continues

Hear what St. Paul says: “May Christ dwell in your hearts through faith—that you may have strength...and know the love of Christ.”

THE LORD’S PRAYER

The Officiant then says

And now as our Savior Christ has taught us, we are bold to pray

Officiant and People together pray

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory
forever and ever. Amen.**

THE AGNUS DEI

Officiant and People together pray

Lamb of God, you take away the sin of the world;
Have mercy on us.

Lamb of God, you take away the sin of the world;
Have mercy on us.

Lamb of God, you take away the sin of the world;
Grant us your peace.

THE ACT OF SPIRITUAL COMMUNION

The Officiant says the following invitation

The word is near you, in your mouth and in your heart, because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

The Officiant and People together pray

Dear Jesus,

I believe that you are truly present in the Holy Sacrament.

**I love you above all things, and I desire to possess you within my soul,
and since I cannot now receive you sacramentally,
I beseech you to come spiritually into my heart.**

**I unite myself to you, together with all your faithful people,
gathered around every altar of your Church,
and I embrace you with all the affections of my soul.**

Never permit me to be separated from you. Amen.

Silence.

THE ANIMA CHRISTI

The Officiant says

Let us pray.

The Officiant and People together sing the “Anima Christ” of St. Elizabeth Ann Seaton, using the musical version composed by Alicia L. Greey (online).

Soul of Jesus, sanctify me
Blood of Jesus, wash me
Passion of Jesus, comfort me
Wounds of Jesus, hide me
Heart of Jesus, receive me
Spirit of Jesus, enliven me
Goodness of Jesus, pardon me
Beauty of Jesus, draw me

Chorus

*Till I behold thee, unveiled
Till I behold thee, unveiled
Till I behold thee, unveiled
In thy glory*

Humility of Jesus, humble me
Peace of Jesus, pacify me
Love of Jesus, inflame me
Kingdom of Jesus, come to me
Grace of Jesus, replenish me
Mercy of Jesus, pity me
Sanctity of Jesus, sanctify me
Purity of Jesus, purify me

Chorus

Cross of Jesus, bind me
Nails of Jesus, hold me
Cross of Jesus, bind me
Nails of Jesus, hold me
Cross of Jesus, bind me
Nails of Jesus, hold me

Chorus

THE DISMISSAL

Officiant Let us bless the Lord.

People **Thanks be to God.**

THE CONCLUDING SENTENCE

The Officiant says

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, evermore. **Amen.**

CLOSING HYMN

“Lift High the Cross” G. Kitchin; M. Newbolt

Chorus

*Lift high the cross,
the love of Christ proclaim
till all the world
adore his sacred name.*

Come, Christians, follow
where the Savior trod,
our King victorious,
Christ, the Son of God.

Chorus

Led on their way
By this triumphant sign
The hosts of God
In conquering ranks combine

Chorus

Set up thy throne
That earth's despair may cease
Beneath the shadow
Of its healing peace.

Chorus

For thy blest Cross,
Which doth for all atone
Creation's praises
Rise before thy throne

Chorus

All newborn servants
of the Crucified
bear on their brow
the seal of Christ who died.

O Lord, once lifted
on the glorious tree,
your death has brought us
life eternally.

Chorus

So shall our song of
triumph ever be:
praise to the Cruci-
-fied for victory.

Chorus

THE BLESSING

All stand. The children are invited forward to help lead in the blessing.

Officiant All our problems

People **We send to the cross of Christ.**

Officiant All our difficulties

People **We send to the cross of Christ.**

Officiant All the devil's works

People **We send to the cross of Christ.**

Officiant All our hopes

People **We set on the risen Christ.**

Officiant May the Spirit of truth lead you into all truth, giving you grace to confess that Jesus Christ is Lord, and to proclaim the wonderful works of God; and the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People **Amen.**