

Family Worship
Week of January 22, 2023

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: Children of Light!

Monday

- Open in Prayer
- Read: Ephesians 5:3-5:14
- Meditation: Pastor Matt's first point on Sunday was "Children of light walk selflessly." What are some ways we can love others this week selflessly, as Christ has loved us?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 5:3-5:14
- Meditation: Pastor Matt's second point on Sunday was "Children of light give thanks to God." What are some ways we can more intentionally express our thanksgiving to God this week?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 5:3-5:14
- Meditation: Pastor Matt's third point on Sunday was "Children of light shed light on the world." How might we be light in the world this week by living as Christ calls us to live?
- Close in Prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Ephesians 5:15-21
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 5:15-21
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer