

Family Worship
Week of January 29, 2023

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: The Best Use of the Time

Monday

- Open in Prayer
- Read: Ephesians 5:15-21
- Meditation: Pastor Matt's first point on Sunday was "Christians must pursue wisdom!" The wise person will redeem the time, Paul says. What are some practical ways you can redeem the time this week?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 5:15-21
- Meditation: Pastor Matt's second point on Sunday was "Christians must understand the will of the Lord!" The alternative is to go through our days thoughtlessly. How can we come to understand the will of the Lord? What are some specific ways you will grow in this discipline this week?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 5:15-21
- Meditation: Pastor Matt's third point on Sunday was "Christians must be filled with the Spirit!" One way we pursue this is to pray that God would indeed fill us! Will you pray this week that he will do that?
- Close in Prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Ephesians 5:22-33
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 5:22-33
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer