

Family Worship
Week of February 26, 2023

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: Be Strong in the Lord

Monday

- Open in Prayer
- Read: Ephesians 6:10-24 (focus on vs.10-11)
- Meditation: Pastor Nathan's first point on Sunday was "*Know the Source of Power is God.*" Where does our strength come from to walk as a Christian? How do we receive that strength and grow in it? What are some of the ways God has expressed his strength in Scripture? What strength does God show in Eph 1:19-21?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 6:10-24 (focus on vs. 12-13)
- Meditation: Pastor Nathan's second point on Sunday was "*Know the Tactics of the Enemy.*" Why is it important to know the ways Satan works in this world? What are some of the ways Satan attacks truth? What are some of the ways Satan accuses us? How has Christ defeated Satan?

Wednesday

- Open in Prayer
- Read: Ephesians 6:10-24 (focus on vs. 14-20)
- Meditation: Pastor Nathan's third point on Sunday was "*Arm Yourselves for Battle.*" If the battle is already won in Jesus Christ, why do we still need to arm ourselves for battle? Discuss each piece of armor together. What encouragement does each piece give to the believer? Why is it important that the church stand together rather than as individuals? How does Paul indicate we should encourage each other?
- Close in Prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Genesis 1:1-2
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Genesis 1:1-2
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer