

Family Worship
Week of June 2, 2024

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: Wrestling with God

Monday

- Open in prayer
- Read: Genesis 32:22-32; James 1:2-4; 1 Peter 1:6-7
- Meditation: Pastor Matt's first point was "All our striving in this life must be with God." Why does God wrestle with Jacob as though he were his enemy? It is to humble Jacob and teach him that his strength is in God alone. What are some ways that God seems to be wrestling with you right now? What do you think he is teaching you?
- Close in prayer

Tuesday

- Open in prayer
- Read: Genesis 32:22-32; Revelation 2:17; Revelation 3:12
- Meditation: Pastor Matt's second point was "By God's help we prevail in the striving and are blessed and changed." Jacobs prevails, is blessed, and gets a new name (indicating he is a new person). By simply touching his thigh, the angel ends the contest. How can it be said that Jacob prevailed, then? Because he persevered. We, too, in persevering, will be blessed by God and granted a new name – His name!
- Close in prayer

Wednesday

- Open in prayer
- Read: Genesis 32:22-32
- Meditation: Pastor Matt's third point was "Christ has wrestled and prevailed for us." Remember, Jacob is a type (a foreshadowing) of Christ! He wrestled with God on the cross and prevailed! When he prevailed, he received a blessing and a new name! And we are that blessing! What encouragement that our Savior wrestled and prevailed *so that* we would wrestle and prevail in him! What a wonderful truth for which to give thanks today!
- Close in prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Genesis 33:1-20
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Genesis 33:1-20
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior and how we ought to live in the world as followers of Christ?
- Close in Prayer