

Family Worship
Week of June 29, 2025

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: True Food and True Drink

Monday

- Open in prayer
- Read: John 6:41-59
- Meditation: Pastor Jason's first point was "True Identity". The Jews were troubled by Jesus' words concerning his coming down from heaven. They struggled with the idea that they knew where he grew up as a child and that he also came from heaven. He tells them plainly that the Father sent him. Where did Jesus say he came from? How did the people's knowledge about Jesus' upbringing and his claim to be from heaven challenge their understanding of his claims? What did Jesus reveal about his mission?
- Close in prayer

Tuesday

- Open in prayer
- Read: John 6:41-59
- Meditation: Pastor Jason's second point was "True Nourishment". The people came seeking Jesus because they wanted more bread. Jesus told them they must feed on him. How did he relate himself to the manna that was given to them during the exodus? How does he provide better nourishment than physical bread? What is required to nourish one's soul from Christ? How long does that nourishment last?
- Close in prayer

Wednesday

- Open in prayer
- Read: John 6:41-59
- Meditation: Pastor Jason's third point was "True Hope". Jesus gave a challenging command that they are to eat his flesh and drink his blood. What does he actually mean when he says eat and drink of his flesh and blood? How does this relate to the Lord's Supper? What is the future hope that we taste in the Lord's Supper? How does Jesus body and blood give better life than physical bread and drink?
- Close in prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: John 6:60-71
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: John 6:60-71
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior and how we ought to live in the world as followers of Christ?
- Close in Prayer