

**Family Worship**  
Week of July 14, 2024

**Instruction:** Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

**Sermon Meditations:** The Best Bliss that Earth Imparts

Monday

- Open in prayer
- Read: Genesis 36:1-37:1; Genesis 25:23
- Meditation: Pastor Matt's first point was "God always keeps his promises to everyone." God promised in Genesis 25 that Esau would also be a nation and a ruler. Esau gave up his birthright and now departs from the promised land (the place where God is with his people), but God still keeps his promise. If he keeps his promises (even for good temporal things) to unbelievers, how much more those he loves with covenant faithfulness?
- Close in prayer

Tuesday

- Open in prayer
- Read: Genesis 36:1-37:1; Mark 8:34-38
- Meditation: Pastor Matt's second point was "God's common grace is good, but temporary." We see nothing but apparent blessings in this chapter. What is absent? God and the permanence of his covenant blessings. Notice the contrast with Jacob, who has wealth and family, but no land of possession and no rulership. But Esau's blessing is temporary and Jacob's is eternal. Remember this when you see the world appear to prosper and God's people seem to be waiting for more or even suffering.
- Close in prayer

Wednesday

- Open in prayer
- Read: Genesis 36:1-37:1
- Meditation: Pastor Matt's third point was "The Nations are bound to serve God's people." The prophecy concerning Esau also said he would serve Jacob. In the years to come (especially during Judah's kingdom period), Edom will indeed serve Judah for centuries. But for the Israel of the Exodus, Edom refuses to serve their best interests and comes under God's judgment. The world must serve God's church or come under his judgment.
- Close in prayer

**Preparing Our Hearts to Receive the Word**

Thursday

- Open in Prayer
- Read: Genesis 37:2-11
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Genesis 37:2-11
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior and how we ought to live in the world as followers of Christ?
- Close in Prayer