

Family Worship
Week of July 31, 2022

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: A Message from God

Monday

- Open in Prayer
- Read: Ephesians 1:1-2
- Meditation: Pastor Matt's first point on Sunday was, "Christ speaks to you." An apostle is a messenger of Jesus Christ. What does this mean about everything Paul writes in Ephesians? How is this good news? If there are promises in Ephesians, are they Paul's promises or Christ's promises?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 1:1-2
- Meditation: Pastor Matt's second point on Sunday was, "You are Holy." The word "saint" means "holy one." What does "holy" mean? What does it mean that we are holy now? How will we be holy after Jesus comes back? How do we live faithfully in Christ Jesus?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 1:1-2
- Meditation: Pastor Matt's last point on Sunday was, "God is your father, your king, and he loves you." If you are a saint and faithful in Christ Jesus, God is a father to you and Jesus is your king and they give us grace and peace. What is grace? Do we have peace even when things are hard and sad? How?

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Ephesians 1:3-14
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 1:3-14
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer