

Family Worship
Week of August 7, 2022

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: The Father's Loving Choice

Monday

- Open in Prayer
- Read: Ephesians 1:1-6
- Meditation: Pastor Matt's first point on Sunday was, "Our Father's gracious blessing." What are we blessed with in verse 3? Does anyone receive these blessings apart from being in Christ? Take a moment to name out loud some of the spiritual blessings that you have in Christ.
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 1:1-6
- Meditation: Pastor Matt's second point on Sunday was, "Our Father's sovereign choice." When did God choose us to receive his blessing? Why is it important to understand that? What is the result of God choosing us according to verse 4?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 1:1-6
- Meditation: Pastor Matt's last point on Sunday was, "Our Father's adopting love." What does it mean to be adopted by God? What motivated God to adopt us – was it something about us or something about him?

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Ephesians 1:3-14
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 1:3-14
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer