

**Family Worship**  
Week of September 4, 2022

**Instruction:** Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

**Sermon Meditations: The Knowledge of Christ**

Monday

- Open in Prayer
- Read: Ephesians 1:15-22 (focus on v. 17-19)
- Meditation: Pastor Nathan's first point on Sunday was, "The Hope We Have in Christ." How does our knowledge of Christ inform our hope? Why does the Christian consider the past as a part of their hope? How is our hope tied to the character of God?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 1:15-22 (focus on v. 17-19)
- Meditation: Pastor Nathan's second point on Sunday was, "The Riches of Christ's Inheritance." Paul points out to us that Christ received an inheritance. What does he indicate in vs. 18 that inheritance is? Why is it important to first see what we receive from God, Christ also received? How does this give us assurance about our present condition and the future?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 1:15-22 (focus on v. 17-19)
- Meditation: Pastor Nathan's last point on Sunday was, "The Power of Christ Towards Believers." What are the powerful acts God has shown us throughout scripture? How should it comfort us that this power is being exercised toward preserving Christians? Whose strength are we to rest in when it comes to the Christian life? How do we put that into action?
- Close in Prayer

**Preparing Our Hearts to Receive the Word**

Thursday

- Open in Prayer
- Read: Ephesians 1:15-22 (focus on vs. 19-23)
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 1:15-22 (focus on vs. 19-23)
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer