

Family Worship
Week of September 18, 2022

Instruction: Whatever time of day works best each day for you or your family, use the prompts below to spend a few minutes together in prayer and the Word. Open and close each session with a simple prayer. Use the questions for meditation or discussion.

Sermon Meditations: Our Biggest Problem

Monday

- Open in Prayer
- Read: Ephesians 2:1-10 (focus on v. 1-3)
- Meditation: Pastor Matt's first point on Sunday was, "We were not wounded, but dead." Before we knew Christ as our Savior, Paul says we were dead (spiritually dead). What does this mean about our ability to help or save ourselves?
- Close in Prayer

Tuesday

- Open in Prayer
- Read: Ephesians 2:1-10 (focus on v. 1-3)
- Meditation: Pastor Matt's second point on Sunday was, "We were not free and happy, but enslaved." The world says that you are only free when you can do whatever you want. Submitting to rules is slavery. But God says when we thought we were most free, we were really slaves. Slaves to what according to Paul in vs 2-3?
- Close in Prayer

Wednesday

- Open in Prayer
- Read: Ephesians 2:1-10 (focus on v. 1-3)
- Meditation: Pastor Matt's last point on Sunday was, "We were not better than the world, but the same." Not only were we spiritually dead without Christ, but we were no different than anyone else! We didn't even deserve saving. What does this tell us about how much God loves us?
- Close in Prayer

Preparing Our Hearts to Receive the Word

Thursday

- Open in Prayer
- Read: Ephesians 2:1-10 (focus on vs. 4-7)
- Meditation: What questions do you have about this text? Is there anything confusing or curious? Does anything stand out as important?
- Close in Prayer

Friday

- Open in Prayer
- Read: Ephesians 2:1-10 (focus on vs. 4-7)
- Meditation: Westminster Shorter Catechism Question 4 asks, "What do the Scriptures principally teach?" Answer: "The Scriptures principally teach what man is to believe concerning God and what duty God requires of man." What does this passage teach us about God's character and work? What does it teach us about our own hearts and need for a Savior?
- Close in Prayer