

Psalm 40 “High Hopes in Heavenly Help”

Main Point: In this psalm, David testifies of the vindication of his hope and trust in God through the answer of his cries for deliverance and restoration, praises God for all that He is and does, and calls upon Him again for deliverance.

I. _____ & _____ Vindicated

A. His _____ of _____

B. His _____ of _____

C. His _____ of _____

D. His _____ of _____

II. _____ & _____ Restated

A. In His _____ with _____

B. In His _____ for _____

C. In His _____ of _____

Additional Notes:

Key Points of Consideration & Application:

1.) What significance does testimony and praise have in the life of a believer, and how do they impact one’s relationship with God?

2.) How do the examples and the testimonies of the saints in the Bible, throughout Church History, or those in the present, impact my faith, and how should they?

3.) How does the character and works of both God and mankind, reveal both the proper and improper relationships between them?

Key Passage to Memorize & Meditate Upon: Proverbs 3:5-8 (LSB) Trust in Yahweh with all your heart and do not lean on your own understanding.⁶ In all your ways acknowledge Him, and He will make your paths straight.⁷ Do not be wise in your own eyes; fear Yahweh and turn away from evil.⁸ It will be healing to your body and refreshment to your bones.

Sermons to Listen to for Further Study:

Mike Fabarez: Patience
and Peace

Derek Thomas: In the Pits

