



Suggested Sermon Discussion Questions
Hebrews 12:1–3, “Running Your Race with Endurance”

1. What suffering or trial are you facing right now that is causing you to feel weary or discouraged?

2. How can you consider Christ’s example of enduring hostility to strengthen you in your own struggles?

3. In what ways can you actively fix your eyes on Jesus during times of suffering or discouragement?

4. How does remembering the “joy set before Him” help you endure your own challenges?

5. How can you resist the temptation to grow weary or lose heart in the face of ongoing hardship?

6. Are you depending on Christ’s strength to endure, or are you trying to carry the burden alone?

7. How can you use your current trial as an opportunity to grow in dependence on God?

8. What are some practical ways to encourage others who may be struggling with weariness in their own race of faith?