



1. What do you think when you hear that God delights in His people?
2. Identify people in your life who could be greatly encouraged by God's delight in His people.
3. Why are we told to give God "no rest" as we wait for our salvation? What might that look like in your life?
4. Knowing that salvation is from the Lord, are there any ways (humanly speaking) that God's people put up barriers that keep people from knowing the Lord?
5. What would it look like for you to remove some of these barriers?
6. What phrase or verse in Isaiah 62 is especially encouraging to you right now?