

My *Way* of Life

“until Christ is formed in you” · Galatians 4:19

These practices are *means of grace, not means of merit*—not how I earn God’s favor, but how I respond to favor already given. The Spirit forms; my part is to steward the rhythms. I commit to this Way for a season, with freedom to revise it.

NAME _____ THIS SEASON BEGINS _____ REVIEW (3–6 MONTHS) _____

<i>formed by</i>	Scripture	Fasting	Silence	Prayer	Sabbath	Service	Church
DAILY							
WEEKLY							
MONTHLY							
SEASONALLY							

MY ANCHOR PRACTICE

If I can keep only one practice this season, it will be:

REVIEW & ACCOUNTABILITY

I will review this Way of Life with whom::

"We pursue holiness from grace, not for grace." - Brian Hedges, Christ Formed In You