UPWARD VOLLEYBALL 2026
CENTRAL BAPTIST CHURCH

PLEASE READ BEFORE REGISTERING YOUR CHILD.
REGISTRATION LINK AT THE BOTTOM OF THE PAGE.

WHAT is Upward Volleyball

Upward Volleyball is a great opportunity for girls to develop and improve their individual skills. Our goal is to teach about volleyball and the love of Jesus. We will focus on training fundamentals while also challenging the girls with competitive play. Our program is dedicated to the development of sportsmanship, teamwork, and independence. No matter what your skill level, you have a place here at Central Baptist Upward Volleyball.

WHY Upward Volleyball

Upward Volleyball provides an encouraging environment for girls to learn, practice, and grow their volleyball skills. In addition, they will learn to be leaders on and off the court through the development of Biblical characteristics. Our girls will learn how to apply these characteristics through the teaching of God's Word. "Whatever you do, work at it with all your heart, as though you were working for the Lord and not for people." Colossians 3:23 (GNT)

INFORMATION BEFORE YOU REGISTER

- Upward volleyball at Central Baptist has been a growing sport for the last five seasons. We have had a 64% increase in participants from 2021 to 2025. Practice times may have to be adjusted if we add more teams to accommodate more players.
- We have added a skills night on Thursday nights that is open to all participants, which helps them develop those skills they learn at their regular night practice. We hope to do that again this year, too.
- The cost for registration is $110 per child beginning May 11th through June 7th. If you get put on the waitlist before June 7th, you will only pay $110 if added. After June 7th, it increases from then on to $125 (if team space is available).

- During registration, parents can request one night during the week that their child is NOT ABLE to practice. If the family schedule requires more than that, we may not be able to accommodate your registration.
- All games and practices will be held in the gym at Central Baptist Church.
- Practices will be on Mondays at 5:00, 6:00, and 7:00 and Tuesdays at 5:00 and 6:00, which could change depending on the number of teams.
- Upward Volleyball is for 3rd- 8th grade girls. All participants must be born a biological female to play. Girls must be currently in their grade level to play, i.e., rising 3rd through 8th graders.
- There will be two divisions 3rd-5th grade and 6th-8th grade.
- We have recreational and competitive volleyball levels ranging from beginner to more experienced.
- It is recommended that **EACH** child comes to one of the evaluations.
  Tuesday, June 24th, between 5:00pm – 7:00pm or
  Thursday, June 26th, between 5:00pm and 7:00pm.
- The purpose of evaluations is to place kids on a balanced team. These are not tryouts. Everybody will be placed on a team and will play.

INFORMATION AFTER TEAM DRAFT & PRIOR TO FIRST GAME

- At this point, additional registrations will only be done if team space is available.
- Coaches will contact players after the coach's training on July 17th.
- If you have not been contacted by your coach by July 24th, please contact me at upward@centralwr.com.
- We have a limited number of volunteers and cannot promise that any exceptions will be made. If we cannot accommodate your request, you may be eligible for a full refund of your registration fee.
- Practices begin the week of July 28th at either 5:00, 6:00, or 7:00

INFORMATION DURING THE SEASON

- First Match is August 16th, 2025.
- Last Match is October4th, 2025.
- 8 - Saturday games: August 16, 23, 30, September 6, 13, 20, 27, and October 4.
- We will have practices and games Labor day week end and day.
- Volleyball requires knee pads and athletic shoes.
- Matches will be played on Saturdays in the gym.
- Matches last approximately 50 minutes.

If you would like to volunteer to coach, referee, line judge, or scorekeep, please follow this link:
https://registration.upward.org/UPW90711/volunteer

Follow this link to register your players:
https://registration.upward.org/UPW90711