

UPLIFT DISC GOLF

at

CENTRAL BAPTIST CHURCH

REGISTRATION LINK AT THE BOTTOM OF THE PAGE.

WHAT IS UPLIFT DISC GOLF

UPLIFT disc golf is another part of Central Rec's Ministry. Our goal is to teach kids of all ages about disc golf and the love of Jesus. It is a wonderful lifelong sport for people of all ages and skill levels that can be played in any stage of life. It involves throwing a Frisbee-like disc from a designated area toward a chain-linked basket. The goal is to get the disc into the basket with as few throws as possible. Lowest score wins. Disc golf can be played as an individual or on a team. The team element fosters connection, competition, and encouragement at every level. Teams can be based on age or skill level.

WHY UPLIFT DISC GOLF

UPLIFT Disc Golf provides an encouraging environment for kids and youth to learn, practice, and develop both their disc golf and social skills. They will be taught a sport that is a great family activity of low cost with easy availability. Most importantly, they will learn to be leaders through the training of Biblical characteristics. They will learn how to apply these characteristics through hearing God's Word. "Therefore encourage one another and build one another up, just as you are doing."

I Thessalonians 5:11 (ESV)

INFORMATION BEFORE YOU REGISTER

- The cost for registration is \$70 per child beginning June 5th through July 31, increasing from then on to \$80 (if space is available).
- Cost includes: a t-shirt, a three-disc starter pack, a carrying bag, a mini disc, and entrance fee for the Central Pines Open tournament played October 26, 2024.
- No other equipment is required.
- Matches and practices will be held at Central Baptist Church.
 - Practices will be only on Tuesdays beginning September 3rd 5:30 pm.- 7:00 pm.
 - Saturday matches will begin September 7th at 9:00 am.

- UPLIFT Disc Golf is for boys and girls from K5-12th grade.
- There are no evaluations, all skill levels are welcome to play and learn.

INFORMATION AFTER REGISTRATION DEADLINE OF JULY 31

At this point, additional registration will only be done if space is available.

Practice begins on Tuesday September 3rd.
Each practice will last approximately 1.5 hours.

INFORMATION DURING THE SEASON

First match is September 7, 2024.

Last match is October 26, 2024.

Matches last approximately 1-2 hours and are only on Saturdays.

In the case of inclement weather, you will be contacted by email about further information.

Click [HERE](#) to register!

E-mail UpliftCBC@gmail.com to inquire about registration or any other questions.