

# Outreach Family Service Opportunities

1. **Compassion Ministries Local Food Bank**- these food banks are a drive thru in which volunteers load food items into the recipients car. Food banks are in place on Thursday of each month from 2:30 until 5:30. Families can arrive at any time and serve until whenever. The address is Cornerstone Church of God, 12813 Kingston Pike. Dates for 2023-April 13, May 11, June 8, July 6, September 14, October 12, November 9, and December 7. All ages are welcome.
2. **Compassion Ministries Mobile Food Bank**- 4-5 times per year we travel with Compassion Ministries to a rural location in East Tennessee to serve the residents with a food pantry. The times to serve are very flexible due to the fact that there is a set up time, food pantry time, and a take down time. All ages are welcome.
3. **Serving dinner at KARM**- Families need to be at KARM at 4 pm to serve dinner to the guests. The families would be functioning in an assembly line, with each participant responsible for dishing out a meat or vegetable, or filling drink cups. Volunteers are usually finished by 6:15. 5-6 volunteers are needed. This is a great opportunity for families to serve together. 13 is the minimum age for serving a meal. The address is 418 North Broadway. More information is available at [karm.org](http://karm.org).
4. **EBED at KARM**-This is an opportunity to pray over the dormitory beds. The guests of KARM will not be present at this time. Volunteers are also encouraged to make encouragement cards to leave on the beds. Any age is welcome in this ministry and the average time spent in the dorm is about 1 hour. To set up a time to come, contact Jo-Ann Hansen at [jhansen@karm.org](mailto:jhansen@karm.org).