

FIGHT AGAINST ANXIETY

(7/28/2024; Wednesday Gathering; Matthew 6:25-34; Christoph Hyder; Christ Proclamation Church)

Sermon Theme: Jesus clearly demonstrates that we can live free from anxiety because we have a Heavenly Father who knows us intimately and has promised to provide our every need if we have a heart that prioritizes doing God's will and obeying His commands.

I. Trust God's Provision – Read Matthew 6:25-30

- A. What are your initial thoughts when you hear the word anxiety?

- B. What illustrations does Jesus provide to encourage His audience to not be anxious? How can these illustrations be helpful to you on a daily basis when you're struggling with anxiousness?

- C. What in your life causes you the greatest amount of anxiety and worry? Why does that event or item cause you to be anxious? How do you currently manage anxiety in your life?

II. Prioritize God's Kingdom – Read Matthew 6:31-34

- A. According to verses 31-32, what is Jesus' reasons for desiring that His people not be anxious about anything? What do we know about the "gentiles"? How do they manage their lives?

- B. What do you think it looks like to seek first God's kingdom and the righteousness of God?

- C. Read verse 34. How is this verse a helpful reminder that we need God's daily grace in our lives?

- D. What does it look like for you to keep God at the center of your life and your priorities, even when you are anxious?