

Marriage Series - "Bound for Love"

Sermon Discussion Guide

[Week 5 - February 4, 2024 - "Affirm One Another"](#)

Take turns answering the questions below, truly listening to each other's responses, providing support, encouragement, feedback, and understanding.

1. How can we affirm and encourage each other more effectively in our marriage?

Apply it! - Take turns sharing specific ways in which you would like to be affirmed and encouraged by your spouse. Discuss ways to incorporate regular and consistent affirmations into your marriage routine. Discuss with each other how you will commit to implementing them.

2. Are there any areas in our communication where we tend to be more critical than affirming?

Apply it! - Have an open and honest discussion about any areas of communication where criticism seems to prevail. Try to identify root causes behind these patterns and brainstorm ways to shift towards a more affirming and encouraging approach.

3. How can we pray for each other's spiritual growth and character development?

Apply it! - Discuss specific areas of spiritual growth and character development that you would like to see in each other. Take time to pray together for these specific areas and discuss how you both plan to commit to regularly praying for each other in these aspects.

4. How can we create an environment of grace and forgiveness in our marriage?

Apply it! - Reflect on past instances where forgiveness was needed and discuss how the process of granting and receiving forgiveness can be more intentional and grace-filled in your marriage. Share strategies for showing grace and forgiveness in both big and small situations.

5. What are some specific ways we can support and encourage each other in our individual pursuits and goals?

Apply it! - Share any personal goals or dreams you have and discuss how your spouse can support and encourage you in those pursuits. Brainstorm practical ways to be each other's biggest cheerleaders and celebrate achievements together.

6. How can we create a culture of gratitude in our marriage?

Apply it! - Discuss ways to express gratitude towards one another daily. Encourage each other to share specific things you are grateful for in the relationship and commit to regularly expressing appreciation for each other's contributions, both big and small.

7. How many "bricks" do you have left?

If you are unsure what this question means we encourage you to watch the sermon by [clicking here](#).

