

Marriage Series - "Bound for Love"
Planting Seeds of Relational Connection

Questions for the day

- Was today a good day, a bad day, or just another day for you?
- What would have made it better?
- What was your highlight and lowlight today?
- What was on your mind most today?
- Where was Jesus in your day?

Weekly check-in questions for your spouse

- What was one thing that brought you joy or encouraged you this week?
- What was one thing that was hard or challenging this week?
- What is one specific thing I can do to support you this week?
- How can I pray for you this week?
- Is there anything that's gone unsaid, convictions, confessions, or unresolved hurt?
- What's been on your mind the most this week?
- How are we doing, stewarding, and feeling about our finances?

Annual check-in questions for your spouse

- What were some of the biggest wins in our marriage this past year? Family? Kids?
- What were some of the biggest losses in our marriage, family, kids this past year?
- On a scale of 1-10 how would you rate our marriage? (1-worst it's ever been, 10-never been better) Why?
- Do you feel loved by me? Why or why not?
- How have I (husband) led our family well? Where could I have led better?
- How have I (wife) supported and encouraged you as a leader? How could I improve?
- Do we like where we are going in life? Do we need to change direction at all?
- What are some areas where it seems like I am letting slide or cutting corners?
- How is your relationship with God honestly? How does my relationship with God seem to you?
- What are our aspirations for this upcoming year? (marriage, family, kids, finances, spiritual, etc.)
- What is going to be your word for the year? (examples: patience, faithfulness, encourage, optimistic, listen, healthy)

