## **COMMUNITY GROUP QUESTIONS**

Spring 2025 - Signs - "The Glory of His Work" Monday, Mar. 17 - Sunday, Mar. 23 (Week 7)

In this sermon, Pastor McKinney delves into John chapter 5, where he explains the significance of the miracles that Jesus performed, referring to them as "signs" that reveal the glory of Christ. Specifically, he focuses on the miracle of healing a man paralyzed for 38 years at the pool of Bethesda. Pastor Mike emphasizes how this story reflects our common struggles with self-help superstitions and the burdens of religious legalism, both of which can leave us feeling trapped and without hope. The pool, representing self-reliance and futile striving, symbolizes how we often seek fulfillment through worldly efforts rather than through a relationship with Jesus. As Jesus approaches the man and asks if he wants to be healed, Pastor Mike highlights that true healing requires more than physical restoration; it demands a deeper spiritual awakening. He points out that Jesus offers a radical form of rest and peace that comes not from our efforts or conforming to rules, but from grace - freedom from both the futile expectations of self-help and the oppressive demands of legalism. The sermon culminates in the reminder that true peace with God is found solely in Jesus' sacrifice, which allows us to step away from striving and fully embrace the rest He offers.

## **Understanding True Rest**

- Before listening to this sermon, what would you have said about the concept of "rest" and what it means to you personally? How does this compare to the rest that Jesus offers according to the sermon?
- Are there any areas of your life where you feel you are striving without rest. How can you invite Jesus into that area to experience His peace?

## Jesus IS our Sabbath Rest

- The sermon said that Jesus Himself is our Sabbath rest. What does that mean?
- How does this understanding of "Jesus IS our Sabbath rest" change the way you approach your daily life and spiritual practices?
- Reflect on one area of your life where you are seeking rest or fulfillment outside of Jesus. What steps can you take to intentionally seek rest in Him this week, acknowledging Him as your ultimate source of peace and renewal?

## **Vulnerability and Transformation**

- The man at the pool had been waiting for 38 years. What are some long-standing struggles or burdens you have been carrying? How does Jesus' question, "Do you want to be healed?" resonate with you?
- Commit to praying for each other's burdens this week, asking Jesus to bring healing and rest in those areas.

