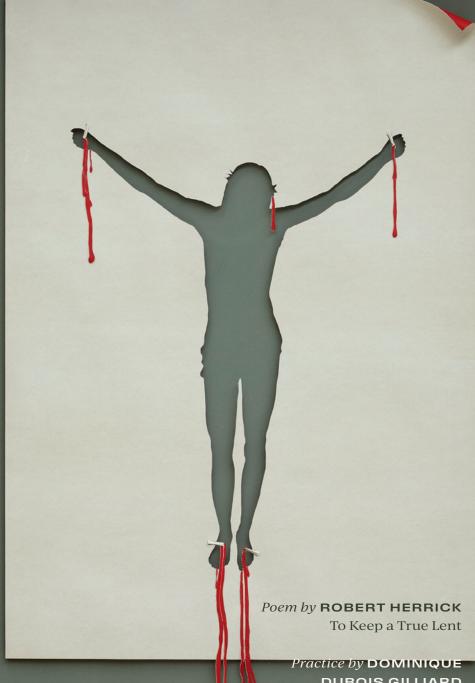
# PROJECT



Lent

VOL. 7, NO. 3 | MARCH 5-APRIL 19, 2025

**DUBOIS GILLIARD** 

Failure and Forgiveness

Art by PETER CALLESEN

On the other side



Animating a life of prayer through the manifold beauty of the church

The Daily Prayer Project's Living Prayer Periodicals feature daily morning and evening prayer guides for the week. These guides are used throughout the current season of the Christian year. Their simplicity, brevity, and repetition facilitate transformative patterns of prayer in everyday life.

### IN THIS EDITION

6 **SEASON:** Lent

7 **POEM:** To Keep a True Lent

Robert Herrick

**8 LECTIONARY** 

10 LETTER FROM THE DIRECTOR: Pray and Work for a New World

By Joel Littlepage

### 13 PRAYERS, PART 1

14 Sunday Morning / 16 Sunday Evening / 18 Monday Morning
 20 Monday Evening / 22 Tuesday Morning / 24 Tuesday Evening
 26 Wednesday Morning / 28 Wednesday Evening

32 PRACTICE: Failure and Forgiveness

Dominique DuBois Gilliard

34 PRACTICE: Stillness

Joel Littlepage, St. Isaac the Syrian

39 **GALLERY:** On the other side

Peter Callesen

40 GALLERY: hash2ash: everything saved will be lost

pan Generator

43 **GALLERY:** Homeless Jesus

Timothy p. Schmalz

### 45 PRAYERS, PART 2

46 Thursday Morning / 48 Thursday Evening / 50 Maundy Thursday
52 Friday Morning / 54 Friday Evening / 56 Good Friday
58 Saturday Morning / 60 Saturday Evening / 62 Holy Saturday

### 65 SONGBOOK

66 Manos cariñosas / 67 Lord Who Throughout These Forty Days 68 Come, Ye Disconsolate / 69 Almighty God



Scan for complimentary digital edition

### DIRECTOR

Joel Littlepage

### **EDITOR**

Russ Whitfield

### **CURATOR & COPYEDITOR**

Victoria Emily Jones
ARTANDTHEOLOGY.ORG

### DESIGNER

Lauren Shea Little

The Daily Prayer Project: Lent 2025: Volume 7, Issue 3. Copyright © 2025. The Daily Prayer Project Press. All rights reserved. No part of this book may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations.

This volume is intended for individual use and may not be printed or distributed beyond this purpose. If you would like to receive rights to print and distribute this volume to an organization or congregation, please contact us at team@dailyprayerproject.com to discuss our subscription plan.

The Daily Prayer Project is produced as a ministry of Grace Mosaic in Northeast Washington, DC. Grace Mosaic is a congregation of the Grace DC Network.

### **CREDITS**

Unless otherwise indicated, scripture quotations are taken from The Holy Bible, English Standard Version®. © 2001 Crossway Bibles, a division of Good News Publishers. Used with permission.

*An African Prayer Book*, ed. Desmond Tutu. © 2009 Image Publishing.

*All Will Be Well: A Gathering of Healing Prayers*, ed. Lyn Klug. © 1998 Augsburg Fortress.

Canyon Road: A Book of Prayer by Kari Kristina Reeves. © 2016 Atlas Spiritual Designs. This beautiful and highly recommended volume can be purchased at www.explore atlas.com. Used by permission.

Conversations with God: Two Centuries of Prayers by African Americans, compiled by James Melvin Washington. © 1994 HarperCollins.

Morning, Noon and Night: Prayers and Meditations Mainly from the Third World, collected and introduced by John Carden. © 1976 Church Missionary Society, London.

Prayers and Thoughts of Chinese Christians, ed. Kim-Kwong Chan and Alan Hunter. © 1991 Continuum Publishing Group.

Prayers through the Centuries, ed. Paul. C. Stratman. © 2019 Paul C. Stratman. Used by permission.

Soul Weavings: A Gathering of Women's Prayers, ed. Lyn Klug. © 2002 Augsburg Fortress.

*Your Will Be Done*, published by the Christian Conference of Asia. © 1984 CCA Youth.



# Lent

### MARCH 4-APRIL 19, 2025

Lent simply means "length," and it designates the forty days leading up to Easter, not counting Sundays. (Sunday, the Lord's Day, is always a day of feasting in celebration of the resurrection, a "little Easter.") Lent is a time of reinitiation for the Christian, when we come back to the essential events that make us all "little Christs" in the first place: the death and resurrection of Jesus Christ and our identification with those events. We have been "crucified with Christ" (Gal. 2:20), and we have been "raised up with him" (Col. 2:12).

### 2024-25 CHRISTIAN YEAR



DEC 1-24



DEC 25-MAR 4



MAR 5-APR 19





PENTECOST JUN 8



# To Keep a True Lent

### ROBERT HERRICK

Is this a fast, to keep The larder lean? And clean From fat of veals, and sheep?

Is it to quit the dish
Of flesh, yet still
To fill
The platter high with fish?

Is it to fast an hour, Or ragged go, Or show A downcast look, and sour?

No: 'tis a fast, to dole Thy sheaf of wheat, And meat, Unto the hungry soul.

It is to fast from strife, From old debate, And hate; To circumcise thy life.

To show a heart grief-rent; To starve thy sin, Not bin; And that's to keep thy Lent.

Robert Herrick (1591–1674) was an English lyric poet and Anglican cleric who authored the poetry collection Hesperides: or, The Works Both Human and Divine.

♣ LENT 2025



# Lectionary

WED	Mar 5	Ps. 51	Joel 2:1-2, 12-17	Matt. 6:1-6, 16-21; 2 Cor. 5:20b-6:10
THU	Mar 6	Ps. 68	Gen. 19	Matt. 17:14-27
FRI	Mar 7	Ps. 69	Gen. 20	Matt. 18:1-9
SAT	Mar 8	Ps. 70	Gen. 21	Matt. 18:10-20
SUN	Mar 9	Ps. 91	Deut. 26:1-11	Luke 4:1-13; Rom. 10:8b-13
MON	Mar 10	Ps. 71	Gen. 22	Matt. 18:21-35
TUE	Mar 11	Ps. 72	Gen. 23	Matt. 19:1-15
WED	Mar 12	Ps. 73	Gen. 24	Matt. 19:16-30
THU	Mar 13	Ps. 74	Gen. 25	Matt. 20:1-16
FRI	Mar 14	Ps. 75	Gen. 26	Matt. 20:17-28
SAT	Mar 15	Ps. 76	Gen. 27	Matt. 20:29-34
SUN	Mar 16	Ps. 27	Gen. 15:1-12, 17-18	Luke 9:28-36; Phil. 3:17-4:1
MON	Mor 17	Do 77	C 20	II-b 1
MON	Mar 17	Ps. 77	Gen. 28	Heb. 1
TUE	Mar 18	Ps. 78	Gen. 29	Heb. 2:1-4
		Ps. 78		
TUE	Mar 18	Ps. 78 Ps. 79	Gen. 29	Heb. 2:1-4
TUE	Mar 18 Mar 19	Ps. 78 Ps. 79 Ps. 80	Gen. 29 Gen. 30	Heb. 2:1-4 Heb. 2:5-18
TUE WED THU	Mar 18 Mar 19 Mar 20	Ps. 78 Ps. 79 Ps. 80 Ps. 81	Gen. 29 Gen. 30 Gen. 31	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6
TUE WED THU FRI	Mar 18 Mar 19 Mar 20 Mar 21	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82	Gen. 29 Gen. 30 Gen. 31 Gen. 32	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13
TUE WED THU FRI SAT	Mar 18 Mar 19 Mar 20 Mar 21 Mar 22	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82 Ps. 63	Gen. 29 Gen. 30 Gen. 31 Gen. 32 Gen. 33	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13 Heb. 4:14-5:10
TUE WED THU FRI SAT	Mar 18 Mar 19 Mar 20 Mar 21 Mar 22 Mar 23	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82 Ps. 63 Ps. 83	Gen. 29 Gen. 30 Gen. 31 Gen. 32 Gen. 33 Isa. 55:1-9	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13 Heb. 4:14-5:10 Luke 13:1-9; 1 Cor. 10:1-13
TUE WED THU FRI SAT SUN MON	Mar 18 Mar 19 Mar 20 Mar 21 Mar 22 Mar 23	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82 Ps. 63 Ps. 83 Ps. 84	Gen. 29 Gen. 30 Gen. 31 Gen. 32 Gen. 33 Isa. 55:1–9 Gen. 34	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13 Heb. 4:14-5:10 Luke 13:1-9; 1 Cor. 10:1-13 Heb. 5:11-6:12
TUE WED THU FRI SAT SUN MON TUE	Mar 18 Mar 19 Mar 20 Mar 21 Mar 22 Mar 23 Mar 24 Mar 25	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82 Ps. 63 Ps. 83 Ps. 84 Ps. 85	Gen. 29 Gen. 30 Gen. 31 Gen. 32 Gen. 33 Isa. 55:1–9 Gen. 34 Gen. 35	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13 Heb. 4:14-5:10 Luke 13:1-9; 1 Cor. 10:1-13 Heb. 5:11-6:12 Heb. 6:13-20
TUE WED THU FRI SAT SUN MON TUE WED	Mar 18 Mar 19 Mar 20 Mar 21 Mar 22 Mar 23 Mar 24 Mar 25 Mar 26	Ps. 78 Ps. 79 Ps. 80 Ps. 81 Ps. 82 Ps. 63 Ps. 83 Ps. 84 Ps. 85 Ps. 86	Gen. 29 Gen. 30 Gen. 31 Gen. 32 Gen. 33 Isa. 55:1–9 Gen. 34 Gen. 35 Gen. 36	Heb. 2:1-4 Heb. 2:5-18 Heb. 3:1-6 Heb. 3:7-4:13 Heb. 4:14-5:10  Luke 13:1-9; 1 Cor. 10:1-13 Heb. 5:11-6:12 Heb. 6:13-20 Heb. 7:1-17

# Lectionary



SUN	Mar 30	Ps. 32	Josh. 5:9-12	Luke 15:1-3, 11b-32; 2 Cor. 5:16-21
MON	Mar 31	Ps. 89	Gen. 40	Heb. 9:13-10:18
TUE	Apr 1	Ps. 90	Gen. 41	Heb. 10:19-39
WED	Apr 2	Ps. 91	Gen. 42	Heb. 11:1-40
THU	Apr 3	Ps. 92	Gen. 43	Heb. 12:1-13
FRI	Apr 4	Ps. 93	Gen. 44	Heb. 12:14-17
SAT	Apr 5	Ps. 94	Gen. 45	Heb. 12:18-29
SUN	Apr 6	Ps. 136	Isa. 43:16-21	John 12:1-8; Phil. 3:4b-14
MON	Apr 7	Ps. 95	Gen. 46	Heb. 13:1-25
TUE	Apr 8	Ps. 96	Gen. 47	Matt. 21:12–17
WED	Apr 9	Ps. 97	Gen. 48	Matt. 21:18–27
THU	Apr 10	Ps. 98	Gen. 49:1-27	Matt. 21:28-46
FRI	Apr 11	Ps. 99	Gen. 49:28-50:14	Matt. 22:1-14
SAT	Apr 12	Ps. 100	Gen. 50:15-26	Matt. 22:15-46
SUN	Apr 13	Psalm 118:1-2, 19-29	Isa. 50:4-9a	Matt. 21:1-11; Phil. 2:5-11
MON	Apr 14	Ps. 36	Isa. 42:1-9	Matt. 23
TUE	Apr 15	Ps. 71	Isa. 49:1-7	Matt. 24
WED	Apr 16	Ps. 70	Isa. 49:13-16	Matt. 25
THU	Apr 17	Ps. 116	Exod. 12:1-14	Matt. 26:1-56
FRI	Apr 18	Ps. 22	Isa. 52:13-53:12	Matt. 26:57-27:56
SAT	Apr 19	Ps. 88	Job 14:1-4	Matt. 27:57-66

LENT 2025

# Pray and Work for a New World

BY JOEL LITTLEPAGE

"Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, looking unto Jesus the author and finisher of our faith . . ."-HEBBEWS 12:1-2A (KJV)

The Christian life is one of great imagination. That artful, daring act of living in light of realities that are not currently visible. It is David selecting his five smooth stones from the brook even though the act of someone as little as him facing something so huge as Goliath the Giant was ridiculous to the naked eye. It is that bold marching into a new order displayed

by Rev. Dr. Martin Luther King, Rev. Ralph Abernathy, Fannie Lou Hamer, John Lewis, and the other saints and martyrs of the civil rights movement. No one else, seemingly, could see what they saw. Their spirits were animated by a vision of the world in which the ways of God were possible, if only we could imagine it into being.

Lent is a principal time of imagination formation for those who claim Christ as Lord. Lent, in a way, is an annual series of questions that comes upon the soul: Do you really wish to claim this Christ and his way? Is this truly what you believe about the world? And are you now ready to imagine what bearing this Christ-life into the world looks like *now*? The answer might feel different for us with each passing year. At times, the answer might be bold and confident, like David at the brook, when we say with the great gospel artist John P. Kee: "Jesus is real, I know the Lord is real to me!" In other years, the answer is much less sure: "I honestly don't know anymore."

In wisdom, God knows this. God knows the fluctuation of our hearts, minds, and wills. One thing I deeply appreciate about living the Christian year is the constancy of it. This Story doesn't change—the readings for the given seasons, the events remembered, the language of the hymns and prayers of the services, etc. Indeed, we change and vary with the years; our grip is tight or it is loose, we run or run out of breath. The journey requires much patience, mostly patience with ourselves.

That is where this "so great a cloud of witnesses" comes in. If there were ever any statement that enticed the imagination, it is this one. Could it be true? A cloud of testifiers from the past and present who say, in effect: "No, you aren't crazy. Keep going. There is beauty ahead, that whole kind of beauty that is worth any pain, sacrifice, or disruption in the present." I wonder how the great "race" of Lent might feel if we could see what they see, that great cloud of knowing surrounding us.

And Lent, of course, looks to Jesus. The King of Imagination, the Creative One who imagines in us a reality we cannot yet see. We are his "workmanship created in him unto good works" (Eph. 2:10), and Lent is the season to more deeply dare to imagine what beautiful acts are possible through even our little lives of love. So, let us run on and train and be brave and lay aside the old ways of sin. There is a different world to be claimed even now, if we could only imagine it into being.

This Lenten edition of the Living Prayer Periodical seeks to animate the imaginative life of faith through this great cloud of witnesses. Through prayers like one from the church in Japan, which imagines the path of God ahead of us: "May my feet follow the footsteps of God this day. O God, may I do your will this day." Through the artworks in our extended Lenten Gallery, like *Homeless Jesus* by Canadian artist Timothy P. Schmalz,

who through a bronze sculpture causes those who pass by to imagine Christ as an unhoused neighbor. In the Practices, St. Isaac the Syrian espouses the regular cultivation of stillness, prayer, and study as a pathway toward "incomprehensible wonder and divine gladness." Finally, in the Songbook, the classic hymn "Come, Ye Disconsolate," with a link to a performance by the gospel artist Shirley Caeser, invites us to imaginatively participate in the Eucharist: "Here see the bread of life, see waters flowing forth from the throne of God, pure from above. Come to the feast of love; come ever knowing: earth has no sorrow but heaven can remove."

Now let us pray and work for a new world.



JOEL LITTLEPAGE is the associate pastor of Grace Mosaic, laboring in the areas of worship and spiritual formation. A professional musician, he lives in the beautiful Fifth Ward of Washington, DC, with his wife, three sons, and a flock of chickens.

# Prayers, Part 1 SUNDAY MORNING to WEDNESDAY EVENING

# Sunday Morning

### CALL

O Lord, open my lips, and my mouth will declare your praise.

Psalm 51:15

### **PSALM**

Read the Psalm of the day.

### LECTIONARY

### MAR 9

Ps. 91

Deut. 26:1-11

Luke 4:1-13;

Rom. 10:8b-13

### **MAR 16**

Ps. 27

Gen. 15:1-12, 17-18

Luke 9:28-36;

Phil. 3:17-4:1

### **MAR 23**

Ps. 63

Isa. 55:1-9

Luke 13:1-9;

1 Cor. 10:1-13

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the Old Testament passage of the day.

### **PRAYER**

Our Father and our God, we open now our very souls before you, for something within us craves food which the bread of this world cannot satisfy. We would quench our thirst at the everlasting fountain.

We thank you for all you have done for us, for the way you have shepherded us and provided for us all this journey through, for family and friends and the fulfillment of daily work. Above all, for Jesus your Son, our Lord.

Bless our church and your churches everywhere. Put on your churches' lips the old gospel of Bethlehem and Galilee and Calvary's resurrection morning. Come among us. Set the fires of God burning afresh in our hearts.

Let the words we utter with our mouths and the thoughts we think with our hearts be acceptable in your sight, O Lord, our strength and our Redeemer. Through Jesus Christ our Lord we make our petition. Amen.

Adapted from a prayer of Gardner C. Taylor (1918-2015), taken from Conversations with God. Taylor was an African American Baptist pastor who became known as "the dean of American preaching."

### ABIDING

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For a wonder at the passion and cross of Christ
- For those who walk as enemies of Jesus and his body
- For the grace of repentance for yourself and others

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### BENEDICTION

Adapted from Ephesians 3:20-21

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen. May you go forward in the power of God at work within you.



### **LECTIONARY**

### **MAR 30**

Ps. 32

Josh. 5:9-12

Luke 15:1-3, 11b-32;

2 Cor. 5:16-21

### APR 6

Ps. 136

Isa. 43:16-21

John 12:1-8;

Phil. 3:4b-14

### **APR 13**

Phil. 2:5-11

Psalm 118:1-2, 19-29 Isa. 50:4-9a Matt. 21:1-11;

# Sunday Evening

### CALL

I cry aloud to God, aloud to God, and he will hear me.

Psalm 77:1

### PSALM

Read the Psalm of the day.

### **LECTIONARY**

### MAR 9

Ps. 91

Deut. 26:1-11

Luke 4:1-13;

Rom. 10:8b-13

### **MAR 16**

Ps. 27

Gen. 15:1-12, 17-18

Luke 9:28-36;

Phil. 3:17-4:1

### **MAR 23**

Ps. 63

Isa. 55:1-9

Luke 13:1-9;

1 Cor. 10:1-13

### THE GLORIA

Glory be to the Father, and to the Son,

and to the Holy Spirit;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

Lord, I'm yielding to you tonight.

I yield my will to your will.

I yield my desires to your desires.

I yield my way to your way.

You are my Lord, I am your child.

You are the potter, I'm only the clay.

Mold me! Make me what you would have me to be.

I want to live for you.

I want to walk with you.

I want to let my light shine.

Oh Jesus, help me now! Help me now!

Give me your strength. Give me your power.

Let me feel your anointing. Hallelujah!

Let me have that joy. Hallelujah!

That overflowing joy. Yes, yes, yes!

Shine your light upon me tonight.

If there's any evil way, take it out.

I want to be like you.

### I want to be fit for the Master's use. Hallelujah!

A prayer of G. E. Patterson (1939–2007) of Memphis, Tennessee.

Patterson was the presiding bishop of the Church of God in Christ (COGIC) from 2000 until his death.

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### INTERCESSORY PRAYER

Pray for the known needs of your church, neighborhood, city, and world.

### BENEDICTION

The LORD has taken away the judgments against you; he has cleared away your enemies. The King of Israel, the LORD, is in your midst; you shall never again fear evil. Rest now in the presence of the King in your midst.

Adapted from Zephaniah 3:15



### **LECTIONARY**

### **MAR 30**

Ps. 32

Josh. 5:9-12

Luke 15:1-3, 11b-32;

2 Cor. 5:16-21

### APR 6

Ps. 136

Isa. 43:16-21

John 12:1-8;

Phil. 3:4b-14

### APR 13

Psalm 118:1-2, 19-29

Isa. 50:4-9a

Matt. 21:1-11;

Phil. 2:5-11

# Monday Morning

### CALL

O LORD, I cry to you;

in the morning my prayer comes before you.

Psalm 88:13

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### **MAR 10**

Ps. 71

Gen. 22

Matt. 18:21-35

### **MAR 17**

Ps. 77

Gen. 28

Heb. 1

### **MAR 24**

Ps. 83

Gen. 34

Heb. 5:11-6:12

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### LESSON

Read the Old Testament passage of the day.

### **PRAYER**

May my feet follow the footsteps of God this day.

O God, may I do your will this day.

May my mouth praise the love of God this morning.

O God, may I do your will this day.

May my ears hear the words of God and obey them.

O God, may I do your will this day.

A prayer from the church of Japan, taken from Thy Will Be Done

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- · For solidarity with Christ in his sufferings
- · For those who lead your congregation
- · For activists and community organizers

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### BENEDICTION

Blessed are those who hunger and thirst for righteousness, for they will be filled. May the Lord bless you and may you hunger for his kingdom.

Adapted from Matthew 5:6



### **LECTIONARY**

### **MAR 31**

Ps. 89

Gen. 40

Heb. 9:13-10:18

### APR 7

Ps. 95

Gen. 46

Heb. 13:1-25

### **APR 14**

Ps. 36

Isa. 42:1-9

Matt. 23

# Monday Evening

### CALL

I call upon the LORD, who is worthy to be praised, and I am saved from my enemies.

Psalm 18:3

**PSALM** 

Read the Psalm of the day.

### **LECTIONARY**

### **MAR 10**

Ps. 71

Gen. 22

Matt. 18:21-35

### **MAR 17**

Ps. 77

Gen. 28

Heb. 1

### **MAR 24**

Ps. 83

Gen. 34

Heb. 5:11-6:12

## Clory be to

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

confession: God, Son of God, so loving, yet hated, so patient, yet assaulted and killed, you showed yourself gentle and merciful even to your persecutors. You have atoned for our sins through the wounds of your passion. As you humbled yourself and suffered death for us, now, in your glory, shine on us with the eternal brightness of your grace. Show us where we have been wrong and forgive us our many sins. Amen.

Adapted from a prayer of the Mozarabic church,

taken from Prayers through the Centuries

ASSURANCE: I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2:20

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### INTERCESSORY PRAYER

Pray for the known needs of your church, neighborhood, city, and world.

### BENEDICTION

Jesus Christ is the same yesterday and today and forever. Rest tonight in the unchangeable love of our Lord Jesus.

Adapted from Hebrews 13:8



### **LECTIONARY**

### **MAR 31**

Ps. 89

Gen. 40

Heb. 9:13-10:18

### APR 7

Ps. 95

Gen. 46

Heb. 13:1-25

### **APR 14**

Ps. 36

Isa. 42:1-9

Matt. 23

# Tuesday Morning

# LECTIONARY

### **MAR 11**

Ps. 72

Gen. 23

Matt. 19:1-15

### **MAR 18**

Ps. 78

Gen. 29

Heb. 2:1-4

### **MAR 25**

Ps. 84

Gen. 35

Heb. 6:13-20

### CALL

The Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.

Romans 8:26

### **PSALM**

Read the Psalm of the day.

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

 ${\it Read the Old Testament passage of the day}.$ 

### **PRAYER**

God, you are faithful and true, you "have mercy on thousands and ten thousands of those who love you," you love the humble and protect the needy who lack all things, for all things are subject to you. Look down on this your people, who bow their heads to you, and bless them with spiritual blessing. "Keep them as the apple of your eye," preserve them in piety and righteousness, and give them eternal life in Christ Jesus your beloved Son. With him be glory, honor, and worship to you and to the Holy Spirit, now and always, and forever and ever. Amen.

A prayer from the Apostolic Constitutions (375–80 CE), taken from *Prayers through the Centuries* 

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For peace in the midst of an anxious world
- For God to transform a situation that appears beyond hope or repair
- · For communal justice, reparation, and healing

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory,

### BENEDICTION

forever. Amen.

The Son of Man came not to be served but to serve, and to give his life as a ransom for many. Depart now in peace to serve in his name.

Adapted from Mark 10:45



### **LECTIONARY**

### APR 1

Ps. 90

Gen. 41

Heb. 10:19-39

### APR 8

Ps. 96

Gen. 47

Matt. 21:12-17

### **APR 15**

Ps. 71

Isa. 49:1-7

Matt. 24

# Tuesday Evening

### CALL

Blessed be God,

because he has not rejected my prayer or removed his steadfast love from me!

Psalm 66:20

### LECTIONARY

### **PSALM**

### **MAR 11**

Ps. 72

Gen. 23

Matt. 19:1-15

### **MAR 18**

Ps. 78

Gen. 29

Heb. 2:1-4

### **MAR 25**

Ps. 84

Gen. 35

Heb. 6:13-20

### THE GLORIA

Glory be to the Father, and to the Son,

and to the Holy Spirit;

Read the Psalm of the day.

As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### LESSON

Read the New Testament passage of the day.

### **PRAYER**

O Lord Jesus,

please abide with me.

Dispel my deep loneliness!

No one can be my companion forever,

but you are the Lord who is everywhere,

present at all times.

Only you are my dear companion and savior.

In the long dark night

along the silent shadowy pathways,

I beg you to grasp my hand.

When others have forgotten me,

please remember me in eternity!

In the name of Jesus,

∆ men

A prayer of Andrew Song (1902-?) of China, taken from Prayers and

Thoughts of Chinese Christians. Song was an author, theologian, and poet.

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### **INTERCESSORY PRAYER**

Pray for the known needs of your church, neighborhood, city, and world.

### BENEDICTION

Blessed be the LORD, the God of Israel, from everlasting to everlasting! And let all the people say, "Amen!" May you rest now in the everlasting love of the Lord.

\*Adapted from Psalm 106:48\*



### **LECTIONARY**

### APR 1

Ps. 90

Gen. 41

Heb. 10:19-39

### APR 8

Ps. 96

Gen. 47

Matt. 21:12-17

### APR 15

Ps. 71

Isa. 49:1-7

Matt. 24

# Wednesday Morning

### CALL

So you also must consider yourselves dead to sin *and alive to God in Christ Jesus*.

Romans 6:11

### **PSALM**

Read the Psalm of the day.

### MAR 5

### ASH WEDNESDAY

**LECTIONARY** 

Ps. 51

Joel 2:1-2, 12-17

Matt. 6:1-6, 16-21;

2 Cor. 5:20b-6:10

### **MAR 12**

Ps. 73

Gen. 24

Matt. 19:16-30

### **MAR 19**

Ps. 79

Gen. 30

Heb. 2:5-18

### **MAR 26**

Ps. 85

Gen. 36

Heb. 7:1-17

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### LESSON

Read the Old Testament passage of the day.

### **PRAYER**

**CONFESSION**: All have sinned and fallen short of the glory of God.

For the hatred which divides nation from nation, race from race, class from class, *Father*, *forgive*. For the covetous desires of people and nations to possess what is not their own, *Father*, *forgive*. For the greed which exploits the work of human hands and lays waste the earth, *Father*, *forgive*. For our envy of the welfare and happiness of others, *Father*, *forgive*.

For our indifference to the plight of the imprisoned, the homeless, the refugee, *Father*, *forgive*.

For the lust which dishonors the bodies of men, women, and children, *Father*, *forgive*.

For the pride which leads us to trust in ourselves and not in God, *Father*, *forgive*.

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

*The Coventry Litany of Reconciliation* by Canon Joseph Poole, written in 1958 in Coventry, England

**ASSURANCE:** Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. *Hebrews 12:1-2* 

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For the wisdom that comes from remembering our mortality and limitations
- For the ability to say "I'm sorry"
- · For a compassionate heart toward those you dislike

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom and the power and the glory,
forever. Amen.

### BENEDICTION

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all. *2 Corinthians 13:14* 



### **LECTIONARY**

### APR 2

Ps. 91

Gen. 42

Heb. 11:1-40

### APR 9

Ps. 97

Gen. 48

Matt. 21:18-27

### **APR 16**

Ps. 70

Isa. 49:13-16

Matt. 25

# Wednesday Evening

### CALL

O God of our salvation, the hope of all the ends of the earth, you make the going out of the morning and the evening to shout for joy.

Psalm 65:5, 8

### **LECTIONARY**

### MAR 5

ASH WEDNESDAY

Ps. 51

Joel 2:1-2, 12-17

Matt. 6:1-6, 16-21;

2 Cor. 5:20b-6:10

### **MAR 12**

Ps. 73

Gen. 24

Matt. 19:16-30

### **MAR 19**

Ps. 79

Gen. 30

Heb. 2:5-18

### **MAR 26**

Ps. 85

Gen. 36

Heb. 7:1-17

### **PSALM**

Read the Psalm of the day.

### **THE GLORIA**

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

Lord, who throughout these forty days
For us did fast and pray,
Teach us with you to mourn our sins,
And close by you to stay.
As you with Satan did contend,
And did the vict'ry win,
O give us strength in you to fight,
In you to conquer sin.

As you did hunger bear and thirst,

So teach us, gracious Lord,

To die to self, and always live

By your most holy word.

And through these days of penitence,

And through your Passiontide,

Forevermore, in life and death,

O Lord, with us abide.

Abide with us that when this life Of suffering is past, An Easter of unending joy We may attain at last!

A prayer by Claudia Frances Hernaman (1838–1898) of England. For the music to this hymn, see p. 65 of this edition.

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### **PRAYER OF MINDFULNESS**

Throughout the history of the church, Christians have incorporated practices of prayer that call to mind God's presence in the moment, humbly and gratefully review the time that has passed, and look forward to the gift of another day. Pray through these prompts slowly, giving time to each step of the practice.

- 1. Become aware of God's presence.
- 2. Review the day with gratitude.
- 3. Pay attention to your emotions.
- 4. Choose one feature of the day and pray from it.
- 5. Look toward tomorrow.

### BENEDICTION

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.

Numbers 6:24-26



### **LECTIONARY**

### APR 2

Ps. 91

Gen. 42

Heb. 11:1-40

### APR 9

Ps. 97

Gen. 48

Matt. 21:18-27

### **APR 16**

Ps. 70

Isa. 49:13-16

Matt. 25



# Practices

for BODY, MIND, and SPIRIT

Zach Lucero

# Failure and Forgiveness

### DOMINIQUE DUBOIS GILLIARD

### **MEDITATION**

"Help us, O God of our salvation, for the glory of your name; deliver us, and forgive our sins, for your name's sake." —Psalm 79:9

Biblically, justice is a divine act reparation where breached relationships are renewed and victims, offenders, and communities are restored. Justice, therefore, is about relationships and our conduct within them. Justice asks, "How is righteousness embodied and exuded in how I live in relation to God, neighbor, and creation?" In fact, Scripture could be read as the narrative of God's restorative justice unfolding in the world.

Biblical justice is established and worked out within the confines of relationship. The relational working out of justice is righteousness. This is why Scripture calls us to pursue right(eous) relationships with God, neighbor, and creation, and through our realigned relationship with God, in Christ, empowered by the Holy Spirit, we "become the righteousness of God" (2 Corinthians 5:21 NIV).

While most people think about God's holiness, private morality, or spiritual prudence when they see the word "righteousness," scripturally, righteousness is most commonly used to define those who conduct themselves uprightly in all of their relationships. A righteous person treats all people-whether rich, poor, or condemned-with justice, generosity, and equity (Timothy Keller. Generous *Iustice*). The two ancient words translated as "righteousness" in Scripture, tsedeq (Hebrew) and dikaiosynē (Greek), are used to define someone who has "lived uprightly and behaved justly before God and their neighbor" (Theopedia).

The liturgical prayer for God's forgiveness that we pray before Communion includes both the things we have done and the things we have left undone. Inaction, silence, and indifference are also relational failures. They breed injustice, oppression, and death.

# The relational working out of justice is righteousness.

### **EXPLORATION**

The following reflective explorations are supplied by the Daily Prayer Project in response to Mr. Gilliard's meditation.

- 1. Take stock of your relationships with God, neighbor, and creation. Perhaps it would be helpful to draw them out, displaying their directions and extent. What individuals and communities are you bonded to? Who are those to whom you are related by your mere act of living around them? Consider also your relationship with the nonhuman elements of creation: plants, animals, earth, water, and sky.
- 2. What among these webs of relationships is just and

- righteous? What is broken and in need of reparation? Try to prayerfully see things from God's perspective and not your own in this exploration. Consider portraying this visually amid your webs of relationships.
- 3. During this Lenten season, as we meditate on the passion of Christ and his willingness to offer himself for a "divine act of reparation," consider what it means to have this Christ-life within you. Where are the places of inaction, silence, and indifference? How is the Spirit prompting renewed righteousness in these relationships?



DOMINIQUE DUBOIS GILLIARD is the author of *Rethinking Incarceration:*Advocating for Justice That Restores (IVP, 2018) and the director of racial righteousness and reconciliation for the Love Mercy Do Justice initiative of the Evangelical Covenant

Church. An ordained minister, he has served in pastoral ministry in Oakland, Chicago, and Atlanta, and he is currently on the board of directors for the Christian Community Development Association (CCDA) and Evangelicals for Justice.

This excerpt is taken from pages 12–14 of A Just Passion: A Six-Week Lenten Journey, ed. Cindy Bunch. © 2022 InterVarsity Press

# Stillness

### JOEL LITTLEPAGE, ST. ISAAC THE SYRIAN

### **MEDITATION**

A spiritual teacher who has meant much to me over the last three years has been St. Isaac the Syrian, or, as he is sometimes called, St. Isaac of Ninevah (ca. 613-ca. 700). After rising to a prominent position in his native Syrian church, he was appointed as the bishop of Ninevah (modern-day Mosul, Iraq) in 676 CE. For reasons unknown to us, he resigned that position within six months and forsook the upward ladder of church leadership. He moved out into the desert to be a hermit and eventually became a leader in a small monastic community of people seeking the Lord. He was revered for his teaching and wisdom.

Reading ancient Christians can be quite the intellectual, emotional, and theological task, especially reading desert hermits like Isaac. The distance that exists between them and us is profound: culturally, historically, and sometimes theologically. Reading Isaac is indeed challenging at times. But I happen to think that the challenge of reading Christians of different times, places, and persuasions is a crucial discipline

because it chastens us and reminds us of the vastness of the body of Christ and the limits of our own times. I have found Isaac to be a gentle and wise teacher who focuses much attention on the inner dynamics of a heart that is seeking after the love of God. One of my favorite proverbs of his is "The aim of prayer is that we should acquire from it love of God, for in prayer are to be found all sorts of reasons for loving God" (Hom. 63, B 439, from The Wisdom of St. Isaac the Syrian).

Around eighty-five of Isaac's homilies have survived. The brief homily shared here in its entirety is given the number 13 and is introduced as an exploration of stillness, a challenging practice for ancients and moderns alike. In the prelude to the text, Isaac discusses how sometimes in our lives. "melancholy and suffocation of soul occur[s]," and "sometimes sudden joy and unaccustomed fervor." The spiritual life is full of seasonal, weekly, and daily modulations: there is light, and then there is darkness; there is melancholy, and then there is joy; there is withdrawal, and then there

# Once a man has made up his mind to live his life in stillness, let him set himself in order and pass the rest of his days in the cultivation and regular practice of stillness.

is engagement. The key, Isaac says, is to cultivate the regular practice of stillness and prayer, to keep reading the scriptures and those who have come before us, and to be patient, "expect[ing] to receive help" from God. Help shall then come.

Once a man has made up his mind to live his life in stillness, let him set himself in order and pass the rest of his days in the cultivation and regular practice of stillness.

Whenever it happens to you (as is usual in the regular practice of stillness which is determined by divine grace) that your soul is enshrouded by thick darkness from within and, as with the sun's rays when they are hidden from the earth by the mist of clouds, for a brief time she is deprived of spiritual comfort and the light of grace on account of the cloud of passions that overshadows her; and further, that the joy-producing power in your soul is curtailed for a little, and your

mind is overshadowed by an unwonted mist: then do not be troubled in mind, do not lend a hand to despondency. But be patient, be engaged in reading the books of the Doctors of the Church, compel yourself in prayer, and expect to receive help. Then straightway help will come unawares.

For just as by the rays of the sun the face of the earth is unveiled from the darkness of the atmosphere that enshrouds it, even so is prayer able to dissolve and scatter the clouds of passions from our soul, and make our mind transparent to the light of gladness and comfort which, indeed, it customarily produces in our thoughts, but especially when it possesses material of succor from the divine Scriptures and vigilance, which make the mind to shine. For continual study in the writings of the saints fills the soul with incomprehensible wonder and divine gladness. To our God be glory unto the ages. Amen.\* D

### **EXPLORATION**

- How do you notice yourself responding to the words of Isaac? What is the practice of stillness like for you?
- 2. Consider incorporating regular times of stillness into this Lenten season. Perhaps there is a certain place in your area that is more conducive to this kind of stillness (Isaac found a cave);
- consider making regular visits there.
- 3. Who are those teachers of the spiritual life who fill your soul with "incomprehensible wonder and divine gladness"? Consider making a regular practice of learning from them in this Lenten season.

<sup>\*</sup> *The Ascetical Homilies of Saint Isaac the Syrian*, rev. 2nd ed., trans. Holy Transfiguration Monastery, Boston, 2011. All rights reserved. Used with permission.

# Gallery

WASHINGTON, DC

Sarah



### ON THE OTHER SIDE

Peter Callesen, 2009

Acid-free A4 120 gsm paper, glue, acrylic, watercolor, oak frame, 18½ × 14½ × 2¾ in. Photo: Anders Sune Berg www.petercallesen.com

# On the other side

PETER CALLESEN

### CURATOR COMMENTARY

Peter Callesen is a papercut artist from Denmark. He likes to work with A4 paper because it's a material everybody uses and is familiar with, and he's especially interested in transforming the negative two-dimensional space left by his cuts into three-dimensional sculptures.

Here he's done that by shaping the paper cutout of Christ on the cross into four nails that pin his limbs, and red-painted poppy flowers that emerge from his spilled blood and rest on the ledge of the oak frame.

Traditionally, the poppy symbolizes sleep or death. Since World War I, several countries have used red poppies to commemorate soldiers who have died in service, the color evoking blood and therefore sacrifice. Hope and resilience are also encoded in the poppy. Before the poppy blooms, it hangs its head. Here the silhouetted Christ hangs his head, but this is just temporary—his bloom is about to burst open. His sacrifice brings forth life.

In addition to the flower symbolism, this work, with its folded top corner, playfully alludes to the turning of a new page of history. What is "on the other side" of the death of this God-man? Where will the story go?

# hash2ash: everything saved will be lost

### PANGENERATOR

### **CURATOR COMMENTARY**

Remember, human, that you are dust, and to dust you shall return." Taken from God's words to Adam in Genesis 3:19, this Ash Wednesday dictum is the starting point for Lent. Pronounced by a clergyperson as they thumb ashes, in the shape of a cross, onto the foreheads of the people, it enjoins us to think back to our creation from the dust of the earth, and to acknowledge that we will all one day die and return to said dust.

In 2017 the National Museum of Ethnography in Warsaw commissioned an interactive art installation that visualizes this truth quite strikingly. Created by the Polish art collective panGenerator, it is titled *hash2ash: everything saved will be lost*. The installation display prompts visitors to take a selfie on their phones, and then it translates those image pixels into digital particles on a monitor. These particles drop and disperse, triggering the release of black gravel that collects in a mound at the base.

The piece was made outside any kind of religious context and is meant as a comment on vanity culture and digital impermanence. But surely it also invites reflection on the impermanence of our physical bodies, of our this-worldly existence—seeing a likeness of your face dissolve into pebbles. I read *hash2ash* as a modern-day *memento mori*, a sobering reminder of our mortality.

For me, the subtitle evokes Jesus's saying to his disciples in Matthew 16:24–25, that "whoever would save his life will lose it, but whoever loses his life for my sake will find it"—a difficult teaching about the virtue of nonattachment, and about the paradox that true life comes by way of death.





DETAIL

### HASH2ASH: EVERYTHING SAVED WILL BE LOST

panGenerator, 2017

Installation at the National Museum of Ethnography, Warsaw

Photo: Maciej Jedrzejewski

www.pangenerator.com

"Truly I tell you, whatever you did not do for one of the least of these, you did not do for me."

- MATTHEW 25:45 (NIV)



# Homeless Jesus

TIMOTHY P. SCHMALZ

### CURATOR COMMENTARY

In Matthew 25:31–46, Jesus tells his disciples that whenever they feed or clothe or do any kindness to those in need, they are really feeding and clothing and doing that kindness to him. Inspired by this passage, Canadian artist Timothy P. Schmalz created a life-size bronze sculpture that depicts Jesus lying on a bench, covered with a blanket, identifiable only by the nail prints in his feet.

The first cast of the sculpture was acquired by Regis College at the University of Toronto and installed on its campus, and copies have since appeared in cities all over the world, including New York, Washington, DC, Seoul, Manila, Melbourne, Madrid, Amsterdam, Dublin, and Vatican City.

Schmalz says he hopes *Homeless Jesus* will elicit double takes from passersby, many of whom at first mistake the huddled mass for a living person. His aim is twofold: to encourage people to see Christ in their unhoused neighbors and act accordingly, and to comfort those who are unhoused by showing that Christ identifies with them in their suffering.

The artist deliberately left a spot open on the bench for someone to sit and rest or pray. On a tour I took of the Basilica of Saint Mary in Minneapolis, who owns an edition of the sculpture, I noticed a bag of fresh rolls at Jesus's feet—the guide said it's become a place for locals to leave gifts of food, clothing, and toiletries for anyone to claim.

How might it change the way you respond to a sidewalk request for "spare change" if underneath that coat hood, you saw the face of Christ? If in the hand that holds the money cup, you saw a gaping puncture wound?

### **HOMELESS JESUS**

Timothy P. Schmalz, 2012

Bronze,  $36 \times 84 \times 24$  in.

Installation outside Heilige Magdalenakerk, Bruges

Photo: Sanshiro Kubota www.sculpturebytps.com





# Thursday Morning

### CALL

Humble yourselves before the Lord, and he will exalt you.

James 4:10

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### MAR 6

Ps. 68

Gen. 19

Matt. 17:14-27

### **MAR 13**

Ps. 74

Gen. 25

Matt. 20:1-16

### **MAR 20**

Ps. 80

Gen. 31

Heb. 3:1-6

### **MAR 27**

Ps. 86

Gen. 37

Heb. 7:18-28

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### LESSON

Read the Old Testament passage of the day.

### **PRAYER**

I accept this new day as your gift, and I enter it now with eagerness; I open my senses to perceive you; I lend my energies to things of goodness and joy. Amen.

A prayer of Rita Snowden of New Zealand, taken from Soul Weavings

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For sobriety and presence in a culture of escapism and avoidance
- For the poor and oppressed
- For those who work in the financial industry

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### BENEDICTION

I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for the sheep. May you go from this place following after the Good Shepherd. Adapted from John 10:14-15



### **LECTIONARY**

### APR 3

Ps. 92

Gen. 43

Heb. 12:1-13

### **APR 10**

Ps. 98

Gen. 49:1-27

Matt. 21:28-46

### **APR 17**

MAUNDY THURSDAY

See p. 48.

# Thursday Evening

### CALL

But you, O LORD, are a shield about me, *my glory, and the lifter of my head.* 

Psalm 3:3

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### MAR 6

Ps. 68

Gen. 19

Matt. 17:14-27

### **MAR 13**

Ps. 74

Gen. 25

Matt. 20:1-16

### **MAR 20**

Ps. 80

Gen. 31

Heb. 3:1-6

### **MAR 27**

Ps. 86

Gen. 37

Heb. 7:18-28

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

From the love of my own comfort, From the fear of having nothing, From a life of worldly passions:

Deliver me, O God.

From the need to be understood, And from a need to be accepted, From the fear of being lonely:

Deliver me, O God.

From the fear of serving others, Oh, and from the fear of death or trial, And from the fear of humility: Deliver me, O God.

And I shall not want, no, I shall not want. When I taste your goodness, I shall not want.

A prayer adapted from the song "I Shall Not Want" by Audrey Assad and Bryan Brown, © 2013 Capitol Christian Music Group, Music Services Inc.

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### INTERCESSORY PRAYER

Pray for the known needs of your church, neighborhood, city, and world.

### BENEDICTION

I myself will be the shepherd of my sheep, and I myself will make them lie down, declares the Lord GOD. May you lie down in peace under the care of the Good Shepherd.

Adapted from Ezekiel 34:15



### **LECTIONARY**

### APR 3

Ps. 92

Gen. 43

Heb. 12:1-13

### **APR 10**

Ps. 98

Gen. 49:1-27

Matt. 21:28-46

### **APR 17**

MAUNDY THURSDAY

See p. 48.

# MAUNDY THURSDAY

### CALL

I love the LORD, because he has heard my voice and my pleas for mercy. Because he inclined his ear to me, *therefore I will call on him as long as I live.*Psalm 116:1-2

### **PSALM**

Read Psalm 116.

### **ADORATION**

Listen to "I Love the Lord" by Isaac Watts, a setting of Psalm 116, arranged by Richard Smallwood.

I love the Lord; he heard my cry, And pitied ev'ry groan. Long as I love, while troubles rise, I'll hasten to his throne.

### **LESSON**

Read Exodus 12:1-14 and Matthew 26:1-56.

### **PRAYER**

Servant-Christ, help us to follow you into the temple of your chosen people, to erase from the worship of your church all that hinders the sense of your presence, the free flow of your Word; to open up your house so that it may be a house of prayer for all people: *Help us to follow you, Christ the servant.* 

Help us to follow you into the Upper Room, to share your meal of bread and cup, to accept our common place in your one Body, broken to create a New Man: *Help us to follow you, Christ the servant.* 

Help us to follow you into the garden, to watch with you, ever vigilant for signs of the dawning of your new day, to struggle unsparingly to understand and to carry out your perfect will:

### Help us to follow you, Christ the servant.

Litany of the Disciples of the Servant, Andhra Theological College, Hyderabad, India

### **ABIDING**

### **VISIO DIVINA**

Wang Suda's (1910–1963) *Last Supper* takes place in a traditional Chinese abode, the table set with porcelain dishes and chopsticks and surrounded by red lacquer stools. Jesus wears a gray hanfu and a moonstone-mounted headpiece and hands Judas a rice cake, identifying him as his betrayer. The apostle John rests on Jesus's breast (archetypal lover and beloved of Christ), and the praying man on the left may be a self-portrait of the artist.

Scan the image. Choose a detail to focus on—it could be the face of Christ, the face of Judas, the paper lantern, the bamboo plant outside the window, one of the empty stools—and pray from it.

### BENEDICTION

May your body and soul know that the Lord has loved you with an everlasting love and has continued his faithfulness to you. Keep watch now with your loving Lord.

Adapted from Jeremiah 31:3



### THE LAST SUPPER

Wang Suda (北平王), ca. 1940 Watercolor on silk, mounted on a scroll Ethnological Museum Anima Mundi, Vatican City

LENT 2025

# Friday Morning

### CALL

Our help is in the name of the LORD, who made heaven and earth.

Psalm 124:8

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### MAR 7

Ps. 69

Gen. 20

Matt. 18:1-9

### **MAR 14**

Ps. 75

Gen. 26

Matt. 20:17-28

### **MAR 21**

Ps. 81

Gen. 32

Heb. 3:7-4:13

### **MAR 28**

Ps. 87

Gen. 38

Heb. 8:1-13

### **THE GLORIA**

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the Old Testament of the day.

### **PRAYER**

I am no longer my own, but yours.

Put me to what you will, rank me with whom you will;

Put me to doing, put me to suffering;

Let me be employed for you, or laid aside for you;

Exalted for you, or brought low for you;

Let me be full, let me be empty;

Let me have all things, let me have nothing;

I freely and wholeheartedly yield all things

to your pleasure and disposal.

And now, glorious and blessed God,

Father, Son, and Holy Spirit,

You are mine and I am yours. So be it. Amen.

Adapted from a prayer of John Wesley (1703-1791) written in 1755.

Wesley was the founder of the Methodist movement.

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For the ability to listen well to God and neighbor
- · For the mentors and role models in your life
- For those who work in agriculture

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### BENEDICTION

And we know that the Son of God has come and has given us understanding, so that we may know him who is true; and we are in him who is true, in his Son Jesus Christ. He is the true God and eternal life. May you go forth from this place with understanding and truth in the presence of Christ. Adapted from 1 John 5:20-21a



### **LECTIONARY**

### APR 4

Ps. 93

Gen. 44

Heb. 12:14-17

### **APR 11**

Ps. 99

Gen. 49:28-50:14

Matt. 22:1-14

### **APR 18**

GOOD FRIDAY

See p. 54.

# Friday Evening

### CALL

Even the darkness is not dark to you; the night is bright as the day,

for darkness is as light with you.

Psalm 139:12

### LECTIONARY

### **PSALM**

Read the Psalm of the day.

MAR 7 Ps. 69

Gen. 20

Matt. 18:1-9

### **MAR 14**

Ps. 75

Gen. 26

Matt. 20:17-28

### **MAR 21**

Ps. 81

Gen. 32

Heb. 3:7-4:13

### **MAR 28**

Ps. 87

Gen. 38

Heb. 8:1-13

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

The sun has disappeared.

I have switched off the light.

But I still know that your moon is there, and your eyes and also your hands.

Thus I am not afraid.

This day again you led us wonderfully.

Everybody went to his mat satisfied and full.

Renew us during our sleep,

that in the morning we may come afresh to our daily jobs.

Be with our brothers and sisters far away in Asia who may be getting up now. Amen.

A prayer from Ghana, taken from An African Prayer Book

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### INTERCESSORY PRAYER

Pray for the known needs of your church, neighborhood, city, and world.

### BENEDICTION

Unless the LORD builds the house, those who build it labor in vain. Unless the LORD watches over the city, the watchman stays awake in vain. It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep. May you experience the sleep that the LORD gives his beloved. Adapted from Psalm 127:1-2



### **LECTIONARY**

### APR 4

Ps. 93

Gen. 44

Heb. 12:14-17

### **APR 11**

Ps. 99

Gen. 49:28-50:14

Matt. 22:1-14

### **APR 18**

GOOD FRIDAY

See p. 54.

# **GOOD FRIDAY**

### CALL

But you, O LORD, do not be far off! O you my help, come quickly to my aid!

Psalm 22:19

### **PSALM**

Read Psalm 22.

### **ADORATION**

Listen to the song "<u>Thief (Remember Me)</u>" by iAmSon. Embrace the imaginative retelling of the experience of the thief hanging beside Christ.

Remember me, Remember me, Remember me.

### **LESSON**

Read Isaiah 52:13-53:12 and Matthew 26:57-27:56.

### **PRAYER**

Servant-Christ, help us to follow you into the judgment hall, to stand mocked and condemned for daring to speak directly of divine forgiveness, daring to claim God's personal commissioning, daring to disrupt the plans of unscrupulous leaders for the control of the masses; to stand for those whose right to stand has been usurped:

Help us to follow you, Christ the servant.

Help us to follow you even unto the cross, to share in carrying your cross like Simon the African, to recognize our life in your death, our hope in your self-spending love, to die to all within us that is not

### born of your love:

### Help us to follow you, Christ the servant.

Litany of the Disciples of the Servant, Andhra Theological College, Hyderabad, India

### **ABIDING**

### **VISIO DIVINA**

"When we handle fabric in daily life," writes artist Leslie Iwai, "we tear, sew, weave, and even pierce it. It wraps newborn babies and covers hospital beds, clothes royalty and bandages wounds. Fabric touches us in the most intimate ways. The layers of translucent fabric scrim in *Scourged* are a way to meditate on the connection between Jesus's flesh and the fabric that touches it and to consider what these reveal about both his humanity and divinity. In this, we may deeply sense the promise that 'by his stripes we are healed' (Isa. 53:5)."

Notice the colors, textures, and shapes of Iwai's *Scourged*. What creates the focal point? Do you hear any sounds? What effect does the layering have?

Meditate on Jesus's garment of flesh, torn for you.

### BENEDICTION

May your body and soul know that the Lord has loved you with an everlasting love and has continued his faithfulness to you. Keep watch now with your loving Lord.

Adapted from Jeremiah 31:3



### SCOURGED

Leslie Iwai, 2012

Cotton scrim, steel, dye, 54 × 15 × 36 in.

Collection of Geneva Campus Church, Madison, Wisconsin

www.leslieiwai.com

# Saturday Morning

### CALL

He regards the prayer of the destitute and does not despise their prayer.

Psalm 102:17

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### MAR8

Ps. 70

Gen. 21

Matt. 18:10-20

### **MAR 15**

Ps. 76

Gen. 27

Matt. 20:29-34

### **MAR 22**

Ps. 82

Gen. 33

Heb. 4:14-5:10

### **MAR 29**

Ps. 88

Gen. 39

Heb. 9:1-12

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the Old Testament of the day.

### CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead.

On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Apostles' Creed

### **PRAYER**

Protect us, Jesus, from the world, the flesh, and the devil. We pray in your name,

A prayer of Kari Kristina Reeves of New York, taken from Canyon Road

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PROMPTED PRAYER

- For freedom from living for the approval of others
- For a life of simplicity and freedom from the love of money
- For the flourishing of all people in your place, from the womb to the tomb

### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### BENEDICTION

As we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too. May you go throughout this day as a comforted comforter in the name of Jesus.

Adapted from 2 Corinthians 1:5



### **LECTIONARY**

### APR 5

Ps. 94

Gen. 45

Heb. 12:18-29

### **APR 12**

Ps. 100

Gen. 50:15-26

Matt. 22:15-46

### **APR 19**

HOLY SATURDAY

See p. 60.

# Saturday Evening

### CALL

In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.

Psalm 4:8

### **PSALM**

Read the Psalm of the day.

### **LECTIONARY**

### MAR8

Ps. 70

Gen. 21

Matt. 18:10-20

### **MAR 15**

Ps. 76

Gen. 27

Matt. 20:29-34

### **MAR 22**

Ps. 82

Gen. 33

Heb. 4:14-5:10

### **MAR 29**

Ps. 88

Gen. 39

Heb. 9:1-12

### THE GLORIA

Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### **ADORATION**

### SILENCE OR SONG

Seasonal song selections can be found on pp. 65-69.

### **LESSON**

Read the New Testament passage of the day.

### **PRAYER**

confession: Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

The Agnus Dei

**ASSURANCE:** Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth.

1 Corinthians 5:7-8

### **ABIDING**

### LECTIO DIVINA, VISIO DIVINA, OR PRAXIO DIVINA

Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Holy Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.

### PRAYER OF MINDFULNESS

- 1. Become aware of God's presence.
- 2. Review this past week with gratitude.
- 3. Pay attention to your emotions.
- 4. Choose one feature of the week and pray from it.
- 5. Look toward tomorrow and the beginning of a new week.

### A PRAYER FOR SABBATH

Creator God,
on the seventh day you rested and were refreshed.
Please help me now to enter into
the rest of your Sabbath,
that I may cease from my work
and delight in your care over my life
both now and forever,
Amen.

### BENEDICTION

Lord, you now have set your servants free to go in peace as you have promised, for these eyes of ours have seen the savior, whom you have prepared for all the world to see: a light to enlighten the nations, and the glory of your people Israel. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

The Nunc Dimittis (Song of Simeon), based on Luke 2:29-32



### **LECTIONARY**

### APR 5

Ps. 94

Gen. 45

Heb. 12:18-29

### **APR 12**

Ps. 100

Gen. 50:15-26

Matt. 22:15-46

### **APR 19**

HOLY SATURDAY

See p. 60.

# **HOLY SATURDAY**

### CALL

O LORD, God of my salvation, I cry out day and night before you. Let my prayer come before you; incline your ear to my cry!

Psalm 88:1-2

### **PSALM**

Read Psalm 88. It asks the questions for this day: "Do you work wonders for the dead? Do the departed rise up to praise you?"

### **ADORATION**

Listen to the song "He's Gone" by Paul Zach.

After the cross has been carried, after the weight is laid down, after the body is buried, down where the darkness surrounds, after the end of the violence, after the sky has gone dark, now there is nothing but silence, broken by the beat of our heart.

He's gone.  $(\times 4)$ 

After the last words are spoken, we lay him down in the grave. After our hearts have been broken, have all our hopes been betrayed?

He's gone. (×4)

Here at the tomb with our spices, love from our hearts is not gone. Watch till the breaking sun rises, what will we see in the dawn?

### LESSON

Read Job 14:1-4 and Matthew 27:57-66.

### **PRAYER**

Servant-Christ, help us to follow you out of the dark tomb, to share daily your resurrection life, to be renewed daily in your image of love, to be used daily as your new Body in your service to the world:

Help us to follow you,

Christ the servant. Amen.

Litany of the Disciples of the Servant, Andhra Theological College, Hyderabad, India

### **ABIDING**

### VISIO DIVINA

It's Saturday. The Son of God lies buried in a borrowed tomb. Rembrandt shows the cavernous darkness of this day in one of his prints, which bears only touches of light, illuminating a few devoted faces and the clasped hands of Jesus's weeping mother.

Sit in the shadows of the image. Gather with the disciples around the inert Savior and grieve.

### BENEDICTION

Hear the Lord say: "In the world you will have tribulation. But take heart; I have overcome the world." Rest now in the resurrection hope that springs out from the soil of death and despair.

Adapted from John 16:33



THE ENTOMBMENT

Rembrandt van Rijn, ca. 1654 Etching and drypoint on paper,  $8\frac{1}{4} \times 6\frac{5}{16}$  in. Morgan Library and Museum, New York



# Songbook

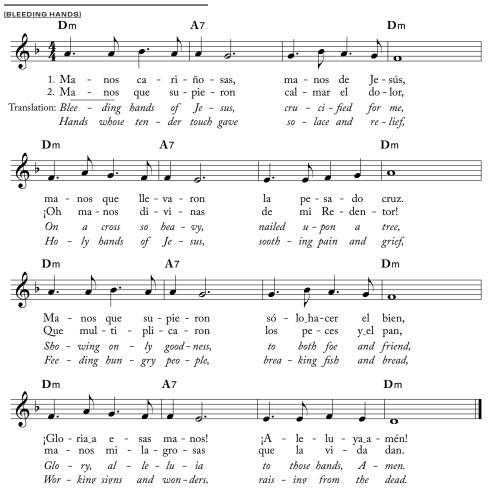
for ADORATION

BALTIMORE

Aaron Burden

# Manos cariñosas





- Manos que sufrieron el clavo y la cruz,
   Manos redentoras de mi buen Jesús,
   De esas manos bellas yo confiado estoy,
   Ellas van guiando, pues al cielo voy.
- 4. ¡Oh Jesús!, tus manos yo las ví en visiónY vertí mi llanto con el corazón;Ví sus dos heridas y la sangre víQue tú derramaste por salvarme a mí.

Hands that bore the anguish of the brutal nails,
Hands that bought redemption, love that never fails,
Those sure hands will guide me, lest I go astray,
Pointing me to heaven on the pilgrim way.

In a blessed vision, Lord, your hands I saw,
As my weeping spirit filled with love and awe,
Seeing wounds you suffered, nailed upon the tree,
And your blood so precious, shed in saving me.

Text and music by Alfredo Colom. © 1966 New Spring Publishing, Inc. Used with permission.



Text: Claudia Frances Hernaman, 1873. Music: LAND OF REST, American folk melody. Public Domain.

LENT 2025

# Come, Ye Disconsolate





Text: (st. 1-2) Thomas Moore, 1816, rev. 1824; (st. 3) Thomas Hastings, 1832.

Music: arr. from Samuel Webbe, 1792. Public Domain.

# Almighty God





Text and music by Sandra McCracken, Leslie Jordan, and David Leonard. © 2015 DRINK YOUR TEA MUSIC (ASCAP), admin. Music Services. All rights reserved. Used with permission.

LENT 2025