

Simplicity

2024

PRACTICE*

Formation in the way of
Jesus



DISCOVERY
CHRISTIAN CHURCH

**“In order to sustain and develop a life of loving abandonment to God, an overall plan of life is required, incorporating practices that care for the inner person.”
- Dallas Willard**

“The central point for the Discipline of Simplicity is to seek the kingdom of God and the righteousness of his kingdom *first* and then everything necessary will come in its proper order.” - Richard Foster

Read: Luke 10:38-42

How would you describe the one thing?
What is your primary distraction?

A simplicity audit:

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|---|---|
| <p>Time</p> <p>Keep track of your time for a week. Actually record everything you do and how much time it takes. What are your biggest time drains?</p> | <p>Money</p> <p>Do you have a budget? Do you know where your money goes each week/month? Are you being generous with your financial resources? Is there something you can give way or give to?</p> |
| <p>Talents</p> <p>What are you good at? What are you passionate about? Are you able to use your talents to serve? What is holding you back? Do you need to say no to something so you can say yes to using your talents for the Kingdom?</p> | <p>Attention</p> <p>Are there relationships you have been neglecting? Conversations you have been avoiding? Someone you would love to spend more time with but haven't had a chance to yet? How can you rearrange your life to spend more time with them/have that conversation?</p> |

For Further Consideration:

Go to www.practicingtheway.org/ruleoflifebuilder and play around with the Rule of Life tool. This is a more in-depth tool, taking the simplicity audit exercise to the next level! We will be using this as a community in the spring quarter as well!

Resources:

Freedom of Simplicity by Richard Foster

Practicing the Way by John Mark Comer

Free by Mark and Lisa Scandrette

The Year of Small Things by Sarah Arthur and Erin Wasinger

Margin by Richard Swenson