

Hebrews Part 1: Consider Jesus, Your Merciful High Priest
Life Change Group
Lesson 11: Chapters 3 and 4
“Entering His Rest”
December 3, 2023

1. What **one word** does the author want the Jewish believers to connect with God’s rest?
2. What (where) is the purpose statement in Hebrews?
3. Why did the author write the recipients? How does this relate to Chapters 3 and 4?
4. What do you learn about “rest” from the following verses in Hebrews 3 and 4?
3:11, 18; 4:1, 3-6, 8-11
5. What do you learn about “the Sabbath rest” from the following verses?
Gen. 2:1-3; Ex. 20:8-11; 31:12-17; Ezek. 20:1-24
6. In Matt. 11:28-30, Jesus says that He gives rest for one’s soul. When?

7. Why are Hebrews 4:12-13 in their context? In other words, how do these verses fit with what precedes and follows them?