

WHAT TO BRING:

- Bible, notepad and pen
- Toiletries (shampoo, toothbrush, toothpaste, etc.)
- Fall clothing (Make sure to check the forecast as you pack.)
- Swim Wear (Remember: modesty is the best policy. If you wouldn't want to see your parent in it, then you probably shouldn't wear.)
- Tennis Shoes
- Favorite snacks or drinks (Recommended)
- Flashlight

WHAT NOT TO BRING:

- Alcohol, tobacco, e-cigarettes, illegal drugs, fireworks, water guns, or any kind of weapon
- Gaming systems or other gaming devices. Cell phones and tablets are permitted, BUT they are not to be out and in use during worship, Bible study or group times. They may also be asked to put them away at other times during the retreat.
- Items that may be used for pranks such as water balloons, shaving cream, silly string, etc. Pranks are not allowed on the retreat.



MEDICATIONS:

 Must be in their original pharmacy container along with written instructions. All in a Ziplock plastic bag with the student's name printed on it. (PLEASE NOTE: If meds are not in the original container we cannot and will not administer them.)

LUGGAGE RECOMMENDATIONS:

- Label ALL luggage and items with a luggage tag (name, address, phone).
- One bag with the majority of items packed for the trip
- Small bag or backpack to take along to Hearts on Fire (We are not aware of any particular bag policy for the Leconte Center).

