

Find

you

joy

see

in

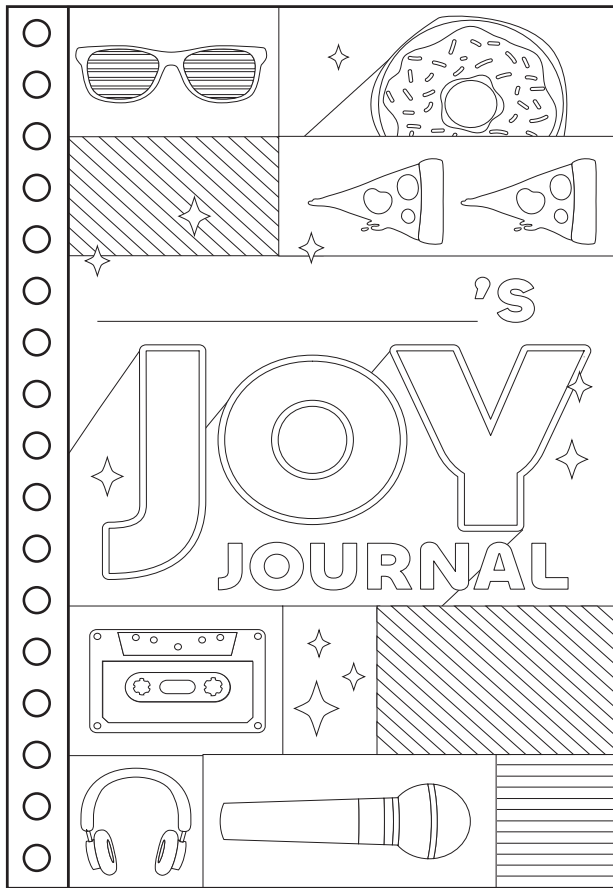

around

what

you.

Find each of these items:	Write the word that is taped on that item here:
Find something white.	
Find something soft.	
Find something tiny.	
Find something that makes noise.	
Find something you can eat.	
Find something that smells nice.	
Find something that feels rough.	
Find something that grows.	


CREATE A SENTENCE USING THE WORDS:

WEEK 1

We can have joy because of Jesus.
 Draw a picture of something that brings you joy!


2



WEEK 2

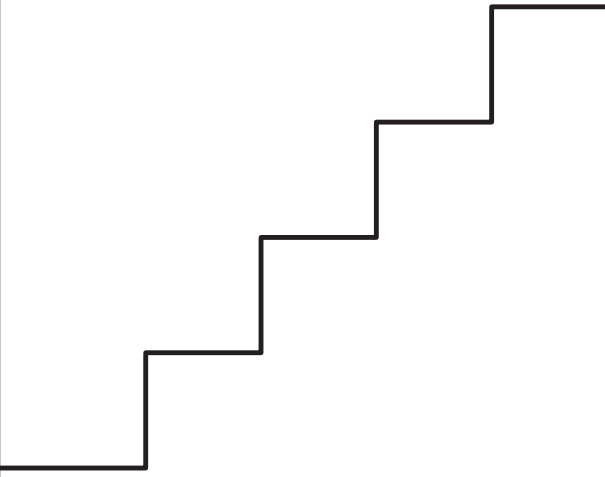
Make a habit of choosing joy.
 Draw a picture that shows a habit you want to develop that can bring you joy.

3



WEEK 3

Celebrate each step of the way.
 Think about new steps for new skills you have learned or tried recently. Write or draw about one on each step below.



4



Find joy in what you see around you.

I can find joy when I SEE

_____ •

I can find joy when I HEAR

_____ •

I can find joy when I TOUCH

_____ •

I can find joy when I SMELL

_____ •

I can find joy when I TASTE

_____ •



There's always a reason to celebrate.

Draw or write about a situation that feels scary or uncertain.

What to Do:

Print on paper, cut apart, and staple together, one set for each kid.

"Joy Journal" Activity Page

June 2024, Week 1-5, Small Group 2-3
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