



## Gentleness

*By Terry Kountz on September 1, 2021*

**TODAY'S READING:** Titus 3

Titus 3:1-2 says, *“Remind them to be submissive to rulers and authorities, to be obedient, to be ready for every good work, to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.”*

Gentleness is not just about the words you say. (Although, Proverbs 15:1 shows us it is important). It is not just about the way you hug someone or pet your animal. Gentleness is the way you are. Everything you do and say (even your thoughts) can be rough or gentle. God's gentleness is all about letting other people know you care about what they need.

The more time you spend with God, the more gentle you will become. As we see in the verse above, the more you pray, read the Bible, and listen to God's Spirit, the more God's gentleness will be a part of who you are.

Being gentle toward everyone is tough. You cannot always be totally calm, smiling and soft-spoken. What do you do when you are hurt or stressed out? How can you be gentle then? The simple answer is by spending time with God. Just like an apple grows bigger and juicier when it is connected to the tree, your gentleness will grow when you are connected to God.

**PRAYER:** Lord, help me to not stir up anger with my words, actions or thoughts. Help me exhibit the fruit of the Spirit of gentleness in all that I do, and in doing so, point others to You.

**TOMORROW'S READING:** 1 Peter 1

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