

# Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



## Talk About the Bible Story

Open the Bible together and read Matthew 8:1-4, Matthew 19:13-15, and Matthew 9:10-13 or watch the video together on the Parent Cue app.

### Engagement Questions

- **What does kindness look like?**
- Is there a difference between being nice and being kind?
- When have you seen or experienced Jesus' kindness toward you or someone else?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

"Dear God, thank You for Your kindness toward us. Help us to follow Your example and treat others with patience and love. Remind us to be as mindful of the way we wear kindness as we are of the clothes we put on. We love You and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →

### MEMORY VERSE

"You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient."  
Colossians 3:12, NIRV

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# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, tell them about something they did or said that showed kindness. (Or maybe it was something they chose NOT to say or do.)



## Meal Time

At a meal this week, have everyone at the table answer this question: “What does kindness look like?”



## Drive Time

While on the go, ask your kid: “What is something kind you’ve seen someone say or do lately—even if it’s online?”



## Bed Time

Pray for each other: “Jesus, help us to show others kindness and compassion the way that You did.”

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



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