

Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



Talk About the Bible Story

Open the Bible together and read Matthew 5:41 or watch the video together on the Parent Cue app.

Engagement Questions

- What situations make it harder to be kind?
- How might adding a greater amount of kindness to a situation completely change it?
- **When have you been surprised by kindness?**

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



Prayer

“Dear God, thank You for choosing to be kinder than You had to be by sending Your only Son, Jesus. This week, help us remember how much You love us, then help us go the extra mile. Help us show love to those around us even when they don’t treat us the way we think they should. We love You, and we pray these things in Jesus’ name. Amen.”

Weekly Parent Cues →

MEMORY VERSE

“You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.”
Colossians 3:12, NIRV

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Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, tell them about a time when you saw them putting someone else first. Let them know how proud you are of them.



Meal Time

At a meal this week, have everyone at the table answer this question: "When have you been surprised by kindness?"



Drive Time

While on the go, ask your kid: "What is something kind someone has said or done for you lately?"



Bed Time

Pray for each other: "God, help us be kinder than we want to be, or even what we have to be. Show us how we can go the extra mile for others."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



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