



Prayer Routine

By Terry Kountz January 3, 2024

TODAY'S READING: Mark 1

And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. (Mark 1:35)

In the early morning, while it was still dark, Jesus found a solitary place to pray. This intimate moment of communion with the Father set the tone for His day and demonstrated the importance of seeking God in the midst of a busy world.

Jesus, fully aware of the demands on His ministry, prioritized communion with the Father. In the midst of the pressing needs and expectations of the crowd, He withdrew to pray. This act of seeking God's guidance in solitude fueled His mission and clarified His purpose. And if Jesus prioritized spending time with the Father, how much more so should we!

As we look at this passage, we are reminded that our own ministry, whether in the workplace, home, or community, should be rooted in a deep connection with God. Just as Jesus took time to pray before the demands of the day, we too can find strength, wisdom, and clarity through regular communion with God.

Here are some ways you can apply this to your life:

Prioritize Prayer: Make a commitment to prioritize prayer in your daily routine. Consider finding a quiet place and time to connect with God, seeking His guidance and presence.
Seek God's Direction: In your responsibilities and tasks, follow Jesus' example by seeking God's direction. Ask for wisdom and discernment as you navigate the demands of life.

Understand Your Purpose: Jesus knew His purpose—to follow the will of His Father. Reflect on your own purpose and mission, and align your actions with God's calling for your life.

Prayer: God, like Jesus, we desire to commune with You in prayer and seek Your guidance for our lives. Help us to prioritize time with You in the midst of our busy schedules. Grant us clarity of purpose and the strength to carry out the mission You have entrusted to us.

TOMORROW'S READING: Mark 9

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