

Living Joyfully Dealing With Joy Killers Philippians 4:1-9

Joy is not having perfect circumstances. Joy is applying God's power and God's truth to the imperfect circumstances of my life.

I Choose Joy When I...

1. Choose to

_____ (1)

- A _____ expressed
- A _____ given

Stand firm in the truth and resources God provides!

God's Joy will never be experienced with unhealthy _____ or conformity to the culture.

2. Choose _____ over Alienation (2-3)

"Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you." (Ephesians 4:31-32)

Seek _____, not the battleground

Learn how to disagree/differ without

Seek _____ not _____

_____, don't _____

3. Choose my _____ (4-5)

Rejoice is a _____

A _____ of God produces
much joy, a _____ of God
yields little joy

Gentleness often shows up in our _____

*"A soft answer turns away wrath, but a harsh
word stirs up anger." (Proverbs 15:1)*

_____: The Lord is near

4. Choose _____ (6-7)

Worry is a _____ that we
learn and practice

Worry is gazing at my problems in self-
reliance or self-pity instead of looking to
the Lord in _____ and dependence

Whenever God tells you to eliminate
something, He always has something
superior to replace it.

Phrases:

_____ : If it is big enough to worry about, it is big enough to pray about

_____ : See the greatness and majesty of God (Adoration)

_____ : Specific, detailed request

_____ : Gratitude, appreciation

_____ : Not demands, not suggestions

5. Choose my _____ (8)

Stress is an _____.
You have been given the freedom by God to choose what you think about

“You keep him in perfect peace whose mind is stayed on you, because he trusts in you.”
(Isaiah 26:3)

“For as he thinketh in his heart, so is he.”
(Proverbs 23:7, KJV)

We _____ what we habitually

6. Choose my _____ (9)

“But be doers of the word, and not hearers only, deceiving yourselves.” (James 1:22)

Beliefs in our head are never enough!
Truth must be _____

The Result: _____ (7 & 9)

A quiet confidence within, regardless of the circumstances, people or things that surround us.

Guard - A military term meaning, "To keep watch over"

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." (John 14:27)

Peace _____ God always precedes the peace _____ God!

Making It Personal:

- Do you genuinely have peace with God through the perfect provision of Jesus Christ?
- Are you experiencing the peace of God which surpasses all understanding?
- Which of the points of this message do you most need to put into practice this week? How will you do that?
- Who can you share these truths with?