



Whatever Delights Us Directs Us

By Shannon Ford on March 4, 2024

TODAY'S READING: Psalm 1

Two of the most popular words in the Christian vocabulary are *blessed* and *blessing*. "*Blessed*" is the opening word of Psalm 1 and contains the essence of all that is to follow. David writes in verse 1 that the blessed person does not allow himself to be influenced by ungodliness. Notice the progression of the ungodly influence. First, we are just walking by the ungodly; then we stand there and look for a while; then we are sitting and now we have become a part. In the end, we have joined the ungodly way. A very important principle to remember is that the counsel you follow determines the course of your life. As Christians, we must not be influenced by the ways of the world. Warren Wiersbe writes, "separation is not isolation but contact without contamination." Sin is usually a gradual process. Becoming worldly is progressive; it happens by degrees. The person on the right path or way is very careful to make sure they are not caught up somewhere in this worldly progression.

The blessed person "delights in the law of the Lord and on his law, he meditates day and night." The ultimate source of all wise and godly counsel is the law of the Lord. If you fill your heart and mind continually with God's Word and obey it, the Bible says you are blessed. As followers of Jesus Christ, we must be saturated with the Word of God. Reading, meditating, journaling, and memorizing the Word of God will cause your roots to go down deep into His love.

Psalm 1 is a wisdom psalm. It teaches us how to put spiritual principles into daily practice and to make sure we are going the right way. Now we may or may not know which way we are going in life, but God does. Remember, the counsel we follow will determine the course of our lives. According to verse 6, there are only two ways of living, the way of the wicked and the way of the righteous. God does not say anything about a way in the middle. There are only two ways and God knows the way you are living. Can your life be described as a tree planted by streams of water or is your life like chaff blowing in the wind? Make sure you are living in the way of the righteous.

PRAYER: Lord, I will follow the example of David and say, "*my delight is in the law of the Lord and in his law he mediates day and night.*" Lord, give me a daily hunger for Your Word. Amen.

TOMORROW'S READING: Psalm 8

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