



Guarding the Mind

By Shannon Ford on May 5, 2021

TODAY'S READING: 2 Corinthians 10

Every day that you live, there is an unseen war raging. It is an epic daily battle for the control of your mind. Your mind is like a castle, a stronghold or a fort, which is constantly under attack. In 2 Corinthians 10:3-5, certain words like *war*, *weapons*, *destroy*, *strongholds* and *captive* leap off the page. Indeed, you are in a war; and it is against the assault on your mind.

Whatever controls your mind controls you. Your mind is the control center of who you are. The world, the flesh and Satan want to put any barrier they can between your mind and the knowledge of God. Therefore, we must be extremely careful about what we see, hear, and where we go. Be careful what you see at the movie theater. Be careful what you allow to come through your television screen, computer screen and phone screen. Be careful as to the kind of music you listen to. Be careful about the places you go. In your mind, you ought to have a security guard that stands at the door of your brain 24 hours a day who lets nothing enter your brain except what God would approve and what you know will bring you closer to Him.

Again, whatever controls your mind controls you. The mind is the key that unlocks your heart, your hands and your habits. As Paul writes, "We destroy arguments and every lofty opinion raised against the knowledge of God and take every thought captive to obey Christ" (2 Corinthians 10:5). How are you guarding your mind; or are you allowing unholy thoughts and ideas to take root?

PRAYER: God, help me to "take every thought captive" and to direct my thoughts daily toward You. Enable me through Your Spirit to think on the things that enhance my relationship with You. In Jesus' name, amen.

TOMORROW'S READING: 2 Corinthians 11

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