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Our Source of Comfort and Strength

By Jeff Bedwell on May 15, 2024

TODAY'S READING: Psalm 119:145-176

Have you ever experienced a time in your life when you felt lost, confused, or overwhelmed? It is during those moments that we often turn to something or someone for comfort, guidance, and direction. As followers of Christ, our ultimate source of comfort, wisdom, and strength should be God and His Word. In this section of Psalm 119 we find several themes:

- Crying out to God for help (vv. 145-152). The psalmist cries out to God for help and promises to obey His Word.
- Seeking God's Word and promises in times of trouble (vs 153-160). Here the psalmist recognizes God's faithfulness and seeks comfort and guidance through God's promises.
- Obedience to God's commands (vv. 161-168). In these verses, the writer is declaring his love for and commitment to obeying God's good and wise commandments and asks for God's mercy.
- Praises and declarations of God's goodness and faithfulness (vv. 169-176). The
 psalmist draws strength and encouragement as he focuses on God's character in
 praise and ask for God's help and deliverance.

Two verses jump out to me today: "They draw near who persecute me with evil purpose; they are far from your law. But you are near, O Lord, and all your commandments are true." (Psalm 119:150–151, ESV). The threats are very real and very near to the writer of this psalm. That is not all there is to say about this situation. God is also near and His commandments, His wisdom and ways are always true.

Whenever we experience times of trouble that leave us feeling disoriented, confused, or overwhelmed, we can always count on the nearness of God and the certainty of His Word.

As we come to the end of this psalm, may we be reminded of the importance of God's Word in our lives. Let us strive to meditate on God's Word daily, and allow it to shape our thoughts, words, and actions. As we do this, we will experience the peace, guidance, and strength that comes from walking in obedience to God. Let us pray that Gods Word will continue to transform us, and that we may continually seek after Him and His will for our lives.

Prayer: Lord, we thank You that You are always near, and Your Word is always true. May we continue to grow in our love for, dependence upon, and obedience to You and Your Word.

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TOMORROW'S READING: Psalm 121

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