2020 UPRISING

What to bring to UpRising weekend:

Clothes and shoes (tennis shoes needed for Saturday event) Towels & washcloths Personal hygiene items **BIBLE (hard copy),** pen or pencil, notebook Sleeping bag and/or air mattress and pillow/blankets Any medications (need to be listed on the medical consent form)

What NOT to bring to UpRising weekend:

No electronic devices including, but not limited to <u>CELL PHONES*</u>, laptops, mp3 players, ipods. This is a weekend to UNPLUG & hear GOD. *Leaders will confiscate cell phones.

Tobacco, drugs, alcohol, weapons of any kind, fireworks, water balloons, squirt guns. Shaving cream is only to be brought for those who use it. Clothing with questionable sayings, slogans, etc.