

## I Am Known – God Knows My Real Fears

September 22, 2024

✓ This session has been customized by one of your church admins

Bible Story: Peter Walked on Water (Matthew 14:22-33)

Theme Verse: 1 John 3:20b

### Agenda

🕒 30 Minutes

#### 1 - Huddle

All Leaders

🕒 0 Minutes



#### Team Time

Transition from Leaders to Team Time

#### 2 - Connection Questions

Team Time Leader

🕒 0 Minutes

#### 3 - Make The Discovery — Younger Kids

Team Time Leader

🕒 10 Minutes

#### 4 - Don't Drop It! — Younger Game

Team Time Leader

🕒 5 Minutes

#### 5 - Boat Of Belief — Younger Craft

Team Time Leader

🕒 5 Minutes

#### 6 - Say It Like Me — Theme Verse Activity

Team Time Leader

🕒 5 Minutes

#### 7 - Activity Page

Team Time Leader

🕒 5 Minutes


#### 8 - Pickup Time

Team Time Leader

🕒 0 Minutes

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# 1 - Huddle

 Leaders


## Leader Tip



Huddle is a pre-service time for you to be equipped and encouraged in your ministry. Your ministry leader will celebrate with you, lead you, and pray for you. Read the Highlight of the Week (sent in your weekly email) to prepare for this time.

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# 2 - Connection Questions

 Team Time

## Leader Tip



As kids arrive, assign them to a Color Team—Red, Yellow, Blue, Green, Purple, or Orange. Hyfi Kids Color Teams are a great way to help kids connect with others and feel like they belong to a group. Consider using one color team per grade level (Grades 1–6). If your ministry does not need all six teams, consider having leaders be teams (Older Kids Leaders and Younger Kids Leaders). Kids assigned to those Color Teams can cheer for teammates and participate in activities together.

Use these questions to help you get to know kids as they arrive. Ministry happens best through relationships. By spending this time with kids at the beginning, you will be able to make stronger connections as you begin teaching about how God knows them!

- What was the best part of your week?
- What is your favorite thing to do with your family?
- If you could live somewhere really hot or really cold, which would you choose and why?
- What do you want to do when you grow up?
- If you could travel into the past or the future, which would you choose, and what would you want to see?

## 3 - Make The Discovery — Younger Kids

🕒 10 Minutes

📍 Team Time

### Leader Tip



Use this time for side-by-side discovery-based learning. Kids are invited to participate and discuss, building relationships with each other and their leader. These questions are designed to help all kids—regardless of biblical knowledge or background—feel like they can contribute.

### Make The Discovery — Younger Kids Script



#### Team Time Leader

🗨️ **What To Do:** Let's have some "Real Talk" and answer a few questions together. 🗨️

1. I am going to list some things that people are afraid of, and you tell me how scary you think they are on a scale from 1–10. Spiders? Heights? Snakes? Roller Coasters? Dogs? Clowns? The dark? The ocean? *(Allow kids to answer and share your own answer.)*
2. How can lights, like the LED lights we saw in Large Group, provide comfort when someone is afraid in a dark room? How can knowing that God is always there for you when you feel afraid provide you comfort? *(Allow kids to answer and share your own answer.)*
3. The Bible tells us that we are known by God, and He knows our real fears. Let's open our Bibles to **Matthew 14:30-31** and read about it together. *(Invite kids to open their Bibles. Read the passage aloud or invite a kid who volunteers to read the passage aloud. Be sure to have Bibles available for kids who need one. Help kids find the passage so everyone can follow along together.)* Jesus helped Peter before He stopped the storm. How can remembering that help you when you are feeling afraid? *(God is with us, and He helps us, even if the things around us don't change.)*
4. God knows our real fears. We can know He's with us, even if the things happening around us don't change. What are some ways you could share this good news with a friend who is feeling afraid? *(Allow kids to answer and share your own answer.)*
5. The Bible tells us that we are known by God, and He knows our real fears. Real talk: no matter what happens or what we're afraid of, God knows our real fears, and He will always be there to comfort us. What is something you learned today? Is there anything you have questions about? *(Allow kids to answer and share your own answer.)* Let's talk to God by praying. *(Lead the group in prayer. Consider using the following prayer prompt.)*

*God, thank You for comforting us when we are afraid. Thank You for sending Jesus, who knows our real fears, and is always with us. You are amazing, and we can never thank You enough for everything You do for us. Help us to trust You and follow You. In Jesus' name we pray, amen.*

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## 4 - Don't Drop It! — Younger Game

🕒 5 Minutes

📍 Team Time

Kids will balance a table tennis ball in different ways.

**Big Goal:** Learn that God is always with us.

**Leader Prep:** Set out the supplies. Clear a path for kids to walk from one end of the room to the other.

### Supplies

- Table tennis ball
- Masking or painter's tape (optional)



**Team Time Leader**

**What To Do:** We're going to play a game called "Don't Drop It!" What are we playing? (*Don't Drop It!*) That is our goal for this game: don't drop it. Your team is going to get a table tennis ball and you are going to have to move from one side of the room to the other. What's your goal? (*Don't drop it!*) You got it. But wait, there's a twist. Say, "Ooo, a twist!" (*Ooo, a twist!*) You will have to balance your tennis ball in different ways.

First, you will carry it in your open palm. (*Demonstrate.*) How will you carry it? (*Open palm!*) Let's play "Don't Drop It!" (*Allow kids to cross the room and return. Encourage kids to pick up the table tennis balls and keep going if they drop them.*)

Now it will get a little harder. You have to carry the ball on the back of your hand. (*Demonstrate.*) Let's play "Don't Drop It!" (*Allow kids to cross the room and return. Encourage kids to pick up the table tennis balls and keep going if they drop them.*)

This last time will be almost impossible! Try to balance it on only one finger. (*Demonstrate.*) Let's play "Don't Drop It!" (*Allow kids to cross the room and return. Encourage kids to pick up the table tennis balls and keep going when they drop them.*)

**Keep It Going:** Play other rounds where kids team up in groups of two or more with one ball per group. They must all move the ball together using three fingers, then two, then one. ”



**Leader Tip**

Use tape to make boundaries if you are playing in a space without walls.



**Team Time Leader**

**“ Loud And Clear:** You all did an amazing job keeping your table tennis balls off the floor. Were there some ways to carry the balls that were easier than others? *(Allow kids to answer.)* What would have happened if you had to transport the table tennis balls across an ocean in the middle of a storm? *(Allow kids to answer.)* Yeah, you may have gotten tired, needed to take a break, and you probably would have dropped the ball a *lot*. Real talk: God is always with us, and He *never* gets tired of loving us. He knows us. He knows our real fears, and He will never grow tired of comforting us when we are afraid. Say, **“God knows my real fears!”** *(God knows my real fears!)* **”**

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## 5 - Boat Of Belief — Younger Craft

🕒 5 Minutes

📍 Team Time

Kids will design a boat made of paper.

**Big Goal:** Believe that Jesus is with us and knows our real fears.

**Leader Prep:** Set out the supplies. Write *God knows my real fears* on the dry erase board. Make an example of the craft ahead of time.

1. Fold a piece of paper in half vertically, short sides together.
2. Draw a semicircle with the straight part on the folded edge of the paper.
3. Unfold the paper and cut out the drawn half of the paper. This is the hull of the boat.
4. Write *God knows my real fears* and decorate the hull of your boat.
5. Cut a triangle out of the other half of your paper and decorate it like a sail.
6. Glue the sail to the top of the craft stick and the back of the hull to the bottom of the craft stick.

### Supplies

- Blank paper
- Craft sticks
- Glue sticks
- Child-safe scissors
- Markers or crayons (several)
- Dry erase board and marker
- Construction paper (optional)
- "Boat of Belief" Instructions and Example printable



**Team Time Leader**

**🗨️ What To Do:** Today, we are going to be making a craft called “Boat of Belief.” What’s our craft called? (*Boat of Belief!*) We’re going to make a craft that reminds us of our Bible story and helps us remember that we can believe in Jesus and trust that He’s always with us.

The first step in making this craft is to fold your piece of paper in half, like this. (*Demonstrate.*) Now, draw a half circle on your paper, like this. (*Demonstrate.*) This will make our boat’s hull, the part that goes in the water. Make it as big as you like, and make sure the straight part of your semicircle is on the folded side of your paper. Unfold your paper and cut out the semicircle, making sure to cut the curve and straight parts. Don’t throw away the other half of your paper, we will use it in a minute. On your semicircle write ***God knows my real fears*** and decorate the hull of your boat.

Now, using your leftover paper, cut out a triangle as big as you like. This will be your sail, so you can decorate it however you like. Once you are done decorating, flip your sail and hull over, and glue the craft stick to both pieces. Finally, flip your craft over and enjoy your beautiful boat!

**Keep It Going:** Instruct kids to make Peter and Jesus with construction paper. Encourage kids to retell the Bible story using their boat as a prop. **”**



**Leader Tip**

Save time by pre-cutting semicircles and triangles for each kid.





**Team Time Leader**

“**Loud And Clear:** You all made some beautiful boats. What did we write on the hull of our boats? *(Allow kids to answer.)* Yeah, we wrote “**God knows my real fears.**” Say, “**God knows my real fears!**” *(God knows my real fears!)* God knows our real fears. Jesus showed Peter that He knew Peter’s real fears and could help him. He knows our real fears too, and He is always with us. ”

## 6 - Say It Like Me — Theme Verse Activity

🕒 5 Minutes

📍 Team Time

Kids take turns coming up with fun ways to say and act out the Theme verse.

**Big Goal:** Kids will repeat the Theme verse by copying their friends.

**Leader Prep:** Use the Theme Verse Poster, Theme Verse Slide, or display the Theme verse in a visible location for the kids to see: *God is greater than our hearts, and he knows all things. (1 John 3:20b)*

### Supplies

- None

### Say It Like Me — Theme Verse Activity Script



#### Team Time Leader

🗨️ **What To Do:** We're going to take turns saying the Theme verse in fun and silly ways. When it is your turn to lead us, you will say, "Say it like me!" and then we will say the Theme verse just like you do! I'll start! (*Demonstrate leading the call-and-response of the Theme verse in a fun or silly way.*) Who wants to go next?

*Suggested Silly Ways: like a cowboy, super-high voice, super-low voice, a robot voice, sing it, whisper it, shout it, super slow, super fast, and so forth.*

**Keep It Going:** Challenge kids to perform the verse the same way as a teammate. Invite the rest of the team to guess who that person is copying. 🗨️



**Team Time Leader**

**“ Loud And Clear:** We said the Theme verse in some super fun ways! Which was your favorite? *(Allow kids to answer.)* If someone were to ask you what the Bible is, what would you tell them? *(Allow kids to answer.)* Those are good answers! The Bible is God’s true message to us about Himself. We can think about this Bible verse when we are afraid and remember that God knows everything, including our real fears. He is always there to comfort us, and we can trust in Him. **”**

## 7 - Activity Page

🕒 5 Minutes

📍 Team Time

**Big Goal:** Point to the Simple Truth and provide an opportunity for connection.

**Leader Prep:** Print copies of the activity page for each child. Set out the supplies.

### Supplies

- Activity Page
- Markers or crayons (several)

### Activity Page Script



**Team Time Leader**

“ **What To Do:** This activity page helps us remember some big things we've learned about today. As you color and work on activities, talk to a friend about some of your favorite parts of our time together. ”



### Leader Tip

This is a great time to get to know the kids better. You can ask them what they remember about the Bible story, or you can remind them that when Peter was afraid, he called out to Jesus. They can do the same. God knows their real fears, and they can always trust Him.

### Activity Page Script




**Team Time Leader**

“ **Loud And Clear:** Real talk: God knows our real fears. He knows what scares us and makes us afraid. God knows our real fears, and He loves us. God sent Jesus to be our Comforter. We can take comfort in knowing that we have a God who loves us and will be with us no matter what! ”

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## 8 - Pickup Time

 Team Time



### Leader Tip

As kids leave, make sure they have their crafts and papers. Share with the person picking them up something positive you observed today. Invite them back next week.