

First Edition



June 2016

First Baptist Church of San Mateo

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Wisdom from God's Word = Wise Use of Time

By Pastor Marc Heinz

Have you ever wished that there were 30 hours in a day? I often find myself wishing that there was more time in a day. I suppose that I have this idea that somehow having this extra time would relieve the pressure under which I often find myself. Most of us leave a trail of unfinished projects or tasks behind, unanswered e-mails or letters, unvisited friends and family, unread books, un-mowed lawns. We desperately need relief.

But would a thirty-hour day really solve the problem? Wouldn't we be just as frustrated with a thirty-hour day, as we currently are with a 24-hour day? While the feeling of not having enough hours in the day is common, is the lack of time the real issue?

I believe that our dilemma actually goes much deeper than a simple shortage of time. I think it is basically a problem of setting the proper priorities. In Ephesians 5:15-17, the Apostle Paul wrote:

Therefore, be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ God. even the Father; and be subject to one another in the fear of Christ.

It is important to understand that what Paul is saying is based on a few basic premises. First, that as Christians we are learning by God's grace, to be wise people. Paul is giving us the benefit of the doubt and assuming that we will exercise good judgment rather than being foolish in the use our of time. Second, Christian wisdom is from God. Therefore it is both useful and practical, because it teaches us how to live rightly in a fallen, broken world.

In reality, the world in which we live is not the best it can be nor is it easy to live in. It is filled with dangers and deceptions. We can get tripped up or ambushed by events and people without even being aware of the danger they pose. One of the great challenges we face is learning to use our time wisely and Biblically. Most of us are so busy and we face significant and ever increasing demands on our time. Unfortunately, it is very easy to invest oneself and one's time in things that may seem worthwhile or fun at the moment, but in the final analysis have little or no redeeming value!

Paul understood these challenges so he reminds us that our behavior must no longer be according to the world, the flesh nor the devil. Instead, we must make every effort to live in a manner that is worthy of God's call. We are to live as children of light in a dark world. Moreover our lives must be grounded in God and His Word if we are ever going to learn to use our time wisely and rightly!

Just prior to his 20th birthday Jonathan Edward's wrote: "Resolved: never to lose one moment of time, but to im-

prove it in the most profitable way I can." What a wise and healthy resolution! What might our lives look like if we made such a commitment? I don't know about you, but I am learning that I need to do a better job of time management. I need to allow God to help me set the pace in my life, so that my life is filled with quality rather than quantity.

May God grant that we wisely invest our seconds, minutes, hours and days, and may we never lose sight of the fact that beyond time lies eternity.



High School

Chelsea Alonso Joshua Bjornson Brandon Moose Matt Heiden Justus Chan

Jr High

Nathan Olson Annika Bjornson Caitlin Neciuk Bryanna Moose Lucas Hyromik Jillian Blou

You Shall Be Guided - Part 2

By Doug Andrews

Last month I wrote my article about the presence and guidance of the Lord. I referenced Isaiah 58 where God was speaking to the nation of Israel as they struggled with why it seemed like God was not guiding or working in their lives. God confronted them with their lack of desire to be truly close to Him in their hearts. Even though they have gone through all the outward and 'proper' religious exercises, it has not resulted in them getting closer to God Himself or knowing His will. He sees their activity and their frustration, and He explains why. They have not done the simple straightforward things that God has shown them to do. On this section C.H. Spurgeon writes

If we choose our own way or consult with people, we cast aside the Lord's guidance; but if we abstain from self-will and the desire to please others (which is really about pleasing yourself), then He will direct every step of our road, every hour of the day, and every day of the year, and every year of our life. If we will but be guided, we shall be guided.

What an amazing thought. "If we will but be guided, we shall be guided." If we want His guidance, we will have it. In other words, if we truly desire God to lead and guide, then we will do the things we know to do to obtain it. We will be in His word daily so that we may hide it in our heart and not sin against Him, disrupting our fellowship with our Master. We will spend continual time with the Lord in prayer so that we recognize His voice when He speaks. We will humbly respond to all His 'small' leadings so that we develop a habit of walking with Him in every area of life. We will be excited about the wonderful joy of being in His presence continually and the abundant life of joy and peace, love and power that He brings. And where He will take us. what He will show us, how He will use us, and the ways He will heal us will be amazing!

Since that article God has been directing me to live this truth out, but not in the way I expected at all. I've been asking and calling on the Lord to bring real change in my life. I asked for Him to lead me into a genuinely true and lasting Spirit-filled and Spirit-led life, that will be permanent and powerful. Where He took me and what He had me do, I didn't expect or think that I needed: Repentance.

James MacDonald in his book, <u>Lord</u> <u>Change Me</u>, leads people through a step-



Youth Events

Hume Lake Summer Camp

July 3-9, 2016, Separate Jr. High and High School Camps \$515.00 - Scholarships Available Information Flyers are in the Narthex.

Summer Kick-Off & BBQ

Tuesday, June 7

by-step process to true spiritual change. Step one is repentance. He explains that biblical repentance is not limited to our initial conversion experience, but is a daily, intentional, turning away from sin and actively choosing to follow Christ. In order to truly repent we must first be specific with what we have done or are doing.

"Satan confronts in generalities, but God gets specific. God is working to make you more like His Son, Jesus Christ. That cannot happen unless you allow God to point out the specifics. As long as you dodge the specifics and live in the land of generalities, you will not experience the transforming power of the gospel."

Wow! That is not only convicting but extremely helpful. Through prayer and investigating His word we need to comprehensively examine and have the Lord reveal the specific sins that are present in our lives. This may take time, but it is well worth it.

From there, we need to understand what true repentance is, and is not. Instruction regarding repentance is found throughout scripture and it literally means to rethink or change your mind. In all sin there is deception and we are the most adept at deceiving ourselves into minimizing or justifying it. Therefore, we must see our sin as God sees it. We need to change the way we think about sin and be confronted with God's evaluation of it. We must agree that it is rebellion against God and destructive to ourselves, our fellowship with God, and others. Then we need to confess it. 1 John 1:9 commands us to confess our sin. The word confession is *homologeo*, which means to "say the same." We need to agree with God and actually say the same thing about our sin that God says.

"Only when we see our sin the way

God sees it will we be able to say what He says about it. Only then will we break the cycle or sin, confess, try again--that spiritual game does not bring glory to Christ and doesn't leave us changed."

The quick, "I'm sorry, forgive me God" is not true biblical confession. I've learned that when I truly confess and agree with God about my sin allowing the Lord to get specific, then I've really dealt with it. Then I experience His forgiveness that has been there all along and real restoration and healing starts to occur. But there's more...

Second, genuine repentance results in restitution. When we truly get right with God, we want to be right with others. It's the natural step. Restitution happens when we are willing to go back to someone and say, "I'm sorry I wronged you, I have no excuse. I'm here to pay what I owe. I've asked God for forgiveness and now I'm asking for yours." When we are willing to do that, it proves our repentance is genuine. If you are always doing the business with God and never doing the business with others, you are not really repenting and that's why you are not changing."

There's so more that the Lord is teaching me and so much more for me to do. I'm so glad He is taking me through these powerful and specific steps to deal with sin and bring lasting change. I can truly say that God is so wonderful and patient with me. I no longer want to presume on His grace and delay in experiencing His love and power in every area of my life. Please pray for me in this process. I encourage you as well to take time to examine and deal with the things God wants to change in you. It is for our greatest good, healing, and freedom that He works to lead us to repentance.



Men's Monthly Breakfast

June 4, 8:30 a.m. in the Chapel.



¹The LORD is my shepherd; I shall not want. 2He maketh me to lie down in green pastures: he leadeth me beside the still waters. ³He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. 4Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me ⁵Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. ⁶Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever*





A couple of things about Our Daily Bread

Submitted by Doris Waddell

A flier came to the church from <u>Our Daily Bread</u> with very interesting articles, and a couple of ministries that were unknown to me:

DID YOU KNOW?

They have this on-line: "WATCH - Stories of God at Work is a part of the Our Daily Bread Ministries website designed to encourage you on your journey of faith. Stories of God at Work shares the testimonies and stories of people -- just like you -- who have experienced the movement of the Lord in their lives." They also invite any who have their own story of God at work to share it with them on line! See this at ourdailybread.org/stories.

Also, "Our Daily Bread Christian University is a fully on-line, Christian university enabling you to learn more about the Bible at your own pace from your home, church, office, or even your favorite coffee shop. All of our courses are available for FREE and are taught by some of the leading biblical scholars and theologians from around the globe. **Check us out at christianuniversity.org for more information.**"

Leadership
offerings for the month of June
will go to
Facilities Restoration.



21 22 7pm C.A.D. 6:30 pm Midweek Ser. 8pm Worship Rehearsal	/eek Ser. 3pm Youth Band Reh. Rehearsal 7pm TNT
7pm C.A.D. 6:30 pm Midweek Ser. 8pm Worship Rehearsal	
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TUE WED	D THU



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Daily Bible Readings

The following Bible readings are provided by biblegateway.com

June

Wed.	01	Job 34-36
Thurs.	02	Job 37-39
Fri.	03	Job 40-42
Sat.	04	Psalms 1-5
Sun.	05	Psalms 6-10
Mon.	06	Psalms 11-15
Tues.	07	Psalms 16-20
Wed.	80	Psalms 21-25
Thurs.	09	Psalms 26-30
Fri.	10	Psalms 31-35
Sat.	11	Psalms 36-40
Sun.	12	Psalms 41-45
Mon.	13	Psalms 46-50
Tues.	14	Psalms 51-55
Wed.	15	Psalms 56-60
Thurs	16	Psalms 61-65
Fri.	17	Psalms 66-70
Sat.	18	Psalms 71-75
Sun.	19	Psalms 76-80
Mon.	20	Psalms 81-85
Tues.	21	Psalms 86-90
Wed.	22	Psalms 91-95
Thurs.	23	Psalms 96-100
Fri.	24	Psalms 101-105
Sat.	25	Psalms 106-110
Sun.	26	Psalms 111-115
Mon.	27	Psalms 116-120
Tues.	28	Psalms 121-125
Wed.	29	Psalms 126-130
Thurs.	30	Psalms 131-135

