

Walking in the Word

Sermon Title: The Path of the Pilgrim

Date: June 14, 2026

Scripture: Psalm 119:17–24

Speaker: Darrin Wright

Main Idea

Pressure reveals what we depend on, and Psalm 119:17–24 teaches pilgrims under pressure to turn to God’s Word for life, vision, direction, and delight.

Sermon in Brief

Psalm 119:17–24 speaks to believers who feel the pressure of life in a fallen world. The psalmist prays as a pilgrim, someone who knows he is not fully at home in this world and who needs God’s help along the way. He does not merely ask for easier circumstances; he asks God to open his eyes, strengthen his heart, and anchor him in the truth of His Word. This passage reminds us that everyone meditates on something, and our hearts are shaped by what we rehearse. Instead of rehearsing wounds, accusations, fears, or disappointments, God invites us to rehearse His promises and find counsel, delight, and steadiness in His Word.

Key Quotes

“Pressure exposes what we depend on.”

“Everyone meditates on something.”

“The question is not whether you rehearse something, but what you rehearse.”

“Suffering narrows our vision, but Scripture opens our eyes.”

“Not every accusation deserves a response.”

First Baptist Church Wheeling 1470 National Road, Wheeling, WV 26003

304.242.7284 | fbcwheeling.org

Questions This Sermon Helps Answer

What does the Bible say about temptation?

How do I stop drifting from God?

Why should I memorize Scripture?

How can parents help children love the Bible?

How does God's Word change us?

Why does Scripture matter for worship?

How can God's Word give me direction?

What does it mean to live as a pilgrim?

Reflect & Respond

When life feels heavy, what do you most naturally depend on for comfort, control, or direction?

What have you been rehearsing lately: wounds, fears, accusations, disappointments, or God's promises?

Where has suffering or pressure narrowed your vision?

Is there an accusation, criticism, or misunderstanding you have been trying too hard to answer?

This Week

Name what you are rehearsing.

Write down one wound, fear, criticism, or anxious thought you keep replaying. Then write one promise or truth from God's Word to rehearse in its place.

Practice quiet faithfulness instead of self-defense.

Where you feel misunderstood, ask God for wisdom to know whether to respond or simply entrust yourself to Him.

Share one encouragement with someone under pressure.

Send a verse, a quote, or a short note to someone who may need to be reminded that God's Word steadies pressured hearts.

First Baptist Church Wheeling 1470 National Road, Wheeling, WV 26003

304.242.7284 | fbcwheeling.org