

Walking in the Word

Title: The Path of Trusting God

Date: September 13, 2026

Scripture: Psalm 119:73-80

Speaker: Darrin Wright

Main Idea

When we cannot understand what God is doing, we can trust the hands that made and hold us, the righteous and faithful heart that governs our lives, and the help that comforts, sustains, and sanctifies us.

Sermon in Brief

Psalm 119:73-80 begins with the psalmist remembering that he is the carefully fashioned work of God's hands. Because the God who made him also governs and holds him, he asks for understanding that leads to obedience rather than demanding a complete explanation of his suffering. He then looks to God's righteous and faithful heart, trusting that his affliction is neither arbitrary nor outside God's purposeful care. He also recognizes that his hope in God's Word can encourage other believers who are watching.

The stanza closes with five urgent prayers. The psalmist asks God to comfort him with steadfast love, sustain him with mercy, deal justly with those who have wronged him, use his experience to help God's people, and make his heart blameless.

Main Points:

1. **Trust the Hands of God Psalm 119:73** - The hands that made and fashion us continue to govern and hold us. Ask not only, "Why is God doing this?" but also, "What does God want me to learn, and how can I obey Him here?"
2. **Trust the Heart of God Psalm 119:74-75** - When God's hand is difficult to trace, His righteous and faithful heart remains trustworthy. God may use the way a believer walks through suffering to give courage and hope to others.
3. **Trust the Help of God Psalm 119:76-80** - God's help may come through removal of the trial, but it also comes through comfort, sustaining mercy, righteous protection usefulness to others, and sanctifying grace.

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Key Quotes

"The most important thing God wants to teach us in affliction is not what to do, but who to trust."

"The hands that made you are the hands that hold you."

"You cannot control what other people say about you, but you can control what you meditate on."

"Don't think about what they said. Don't forget what God said."

"The trial isn't evidence that the craftsman abandoned His work in you. The trial is the tool that He's using to complete His work in you."

"Sometimes we think God has helped us only when He removes the problem."

Reflect & Respond

Complete these statements:

- The prayer from Psalm 119:76–80 I most need today is...
- One way I may be tempted to respond sinfully is...
- One person I could encourage from what God has taught me is...
- The kind of person I am asking God to make me through this trial is...

Walking in the Word This Week

Read Psalm 119:73–80 each day this week.

Day 1: Thank God that His hands made and fashioned you.

Day 2: Ask for understanding that leads to obedience.

Day 3: Pray that your hope will encourage another believer.

Day 4: Confess where you struggle to trust God's righteousness or faithfulness.

Day 5: Pray for comfort and compassion.

Day 6: Entrust injustice to God and meditate on His Word.

Day 7: Ask God to use your life and make your heart blameless.

Prayer: Father, when I can't trace Your hand, help me trust Your righteous and faithful heart. Don't just bring me through trials, help me be faithful in them.

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