"I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing." — JOHN 15:5

"Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up." — ECCLESIASTES 4:9-10

"There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus." — GALATIANS 3:28

"For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ. For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit. For the body is not one member, but many." — 1 CORINTHIANS 12:12-14

"But speaking the truth in love, may grow up into him in all things, which is the head, even Christ: From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love." — EPHESIANS 4:15-16

"And the glory which thou gavest me I have given them; that they may be one, even as we are one:" — JOHN 17:22

"It is significant, beloved, that the Saviour should in his last moments not only desire the salvation of all his people, but should plead for the unity of the saved ones, that being saved they might be united. It was not enough that each sheep should be taken from the jaw of the wolf; he would have all the sheep gathered into one fold under his own care. He was not satisfied that the members of his body should each of them be saved as the result of his death; he must have those members fashioned into a glorious body. Unity lying so very near the Saviour's heart at such a time of overwhelming trial must have been held by him to be priceless beyond all price." — C. H. SPURGEON



UNITY IN THE BODY OF CHRIST

FAMILY CAMP 2026

GRAND RAPIDS FREE REFORMED CHURCH



Here it is! All the information you need to know before you head to Camp Michawana for the Grand Rapids Free Reformed Church FAMILY CAMP!! From packing list to schedule, it's all here! Of course, if you still have questions, feel free to give us a call or email us.

Important! Take all of the directions to Head Lake Road. Once on Head Lake Road you will pass the Michawana maintenance office and then you will pass Michawana RV Park entrance. Continue for approximately 1/2 mile and you will reach Wilkins Road. Turn left on Wilkins Road and drive approximately 1 mile. You will see the main entrance on your left.



FAMILY CAMP TEAM

Shane & Esther DeMeester

Gerrit & Suzanne Kleyn

Nate & Brooke Roelofs

Doug & Liz Timmer

Steve & Stephanie Vlietstra

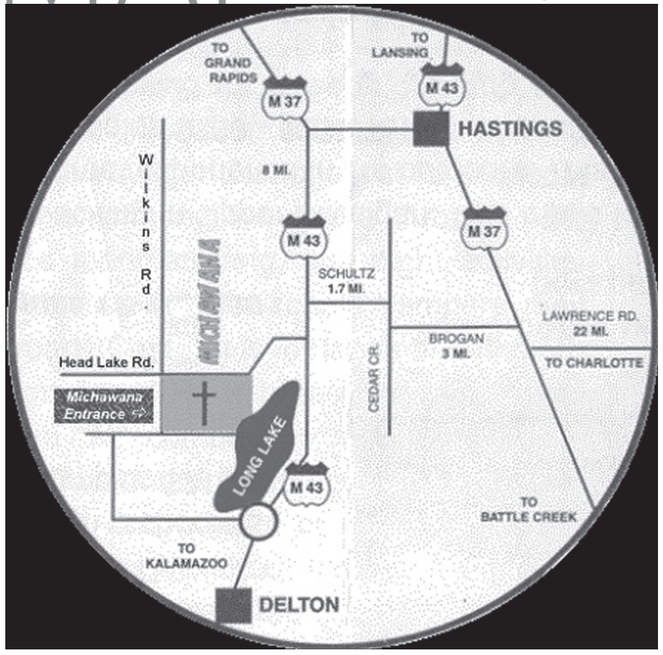
THINGS TO KNOW . . .

FAMILY CAMP
August 10–12

- If you have a medical question or problem, feel free to ask for assistance from one of the camp staff, or from Gerrit Kleyn. A yellow first aid bag is available in the first aid station, located in the south end of the Dining Hall.
- Parents, you are responsible for your children. Please use proper judgment in determining when supervision is needed. ADULT SUPERVISION IS REQUIRED AT THE SWIMMING BEACH.
- Bicycle Safety: For the safety of pedestrians, we ask that you do not ride bikes on the walkway to the chapel.
- Snacks: We will provide snacks during the morning activity time. You may bring additional snacks for your own family, as needed. Please remember to clean up your trash. Pop can be purchased in the vending machine in the dining hall, or at the Trading Post camp store. The Trading Post store also has ice cream and other items available for purchase. Check the store for hours.
- We will provide music folders with the Psalters and hymns we're planning to use for group meetings.

MAP

Main Entrance (cabins, day visitors)
6475 Wilkins Rd., Hastings, MI 49058
RV Entrance (campers)
5800 Head Lake Rd., Hastings, MI 49058



This camp is subsidized by the Grand Rapids FRC. If you are interested in supporting us, talk to Jim VanderGraaf.

UNITY IN THE BODY OF CHRIST

FAMILY CAMP

Requests

- Please do not drive on the grass. Make use of the roads and PLEASE DO NOT pull up to the cabins to unload.
- A note to RVers: The camp asks that you back your trailer into the site. Please do not pull through. Please limit two vehicles per site, if possible.
- Please be respectful of Camp Michawana grounds and equipment.
- Pets are allowed in the CAMPGROUND ONLY. No pets in buildings, cabins, etc.
- Please do not bring your own firewood. The camp will supply that for us.
- Camp Michawana is smoke-free and alcohol-free.







Reminder

The campground speed limit is 10 mph. Please drive slowly when going through the camp.

Directions

FROM GRAND RAPIDS:
Take M-37 to Hastings, then take M-43 6 miles south to Head Lake Road. Then follow directions on next page.

FROM KALAMAZOO:
I-94 exit north on Sprinkle Road. Take M-43 east (Gull Road) through Delton to Head Lake Road. Then follow directions on next page.

FROM SARNIA/PORT HURON:
After the border, take I-94 to I-69. In Lansing, stay on I-69. Take I-69 to the Charlotte exit. Follow Lawrence Road/M-79 straight west to M-37 (NOTE: M-79 will turn off and Lawrence continues straight — continue straight on Lawrence. You will be on Lawrence for approximately 20 miles). Turn right on Bedford Road/M-37 and take the first left (Brogan Road). Turn left on Brogan Road to Cedar Creek Road. Turn right on Cedar Creek Road and take the first left (Schultz Road). Drive to W. Schultz Road/M-43. Turn left on M-43 and then take the first right (Head Lake Road). Then follow Directions on next page.

UNITY IN THE BODY OF CHRIST

PACKING LIST

- THIS BOOKLET!
- Towels, toiletries, and personal items
- Pillows, sleeping bags or twin sheets for your family
- Stroller, pack'n'play, clip-on chair, etc.
- Camera
- Mosquito repellant, sunscreen
- Lawn chairs for inside cabins and around campfire
- Bikes, wagons, and outdoor toys
- Lifejackets (for young children)
- Rainy weather games
- Fishing poles and gear, LICENSE (must purchase before arriving)
- Baseball gloves, tennis rackets, frisbees
- Lanterns, flashlights (cabins have electricity, but outdoor lighting is limited)
- Bible, pen
- Snacks for your family, as needed
- Fan, alarm clock
- Notebook for taking notes

as you pack!!!

OUR DRESS CODE

Camp Michawana requests that only one-piece, modest swimwear be worn at the camp (two-piece "tankinis" are fine if they have the same coverage as a one-piece). Swimwear should be worn only at the beach - at other times, footwear and modest clothing should be worn. Please, no tank tops, spaghetti straps, or bare midriffs. To help create an atmosphere conducive to worship and instruction, please dress appropriately for group meetings in the chapel. Thanks!

FREE TIME SUGGESTIONS

- Athletic fields (soccer, softball, beach volleyball)
- Basketball, tennis, horseshoes, gaga ball
- Fishing
- Miniature golf (by Dining Hall)
- Biking and hiking trail (non-motorized bikes)
- Playground (by campground)
- Swimming, canoes, rowboats, kayaks, and stand up paddle boards



* Note: Lifeguards will be on duty in the afternoons from 2-5 pm. Please ensure that the beach area is clean at 5 pm. Please carefully supervise your children and use life jackets if necessary.
** Note: Sports equipment is available in the building near the athletic fields.

FAMILY CAMP



Schedule

Volunteer key:
"C" = Chaperones
"N" = Nursery
"P" = Piano

Monday	Tuesday	Wednesday
	5:30am Fishing Tournament Starts 8:30am Breakfast @ dining hall	8:30am Breakfast @ dining hall
	9:45am Morning Session @ Chapel (nursery provided) **The Present** (Dr. Sherif Fahim) N = Maria VanSeters, Alivia Roelofs, Dena Macleod P = Elly Krandendonk	9:45am Morning Session @ Chapel (nursery provided) **The Future** (Dr. Sherif Fahim) N = Esther DeMeester, Rose Roelofs P = Elly Krandendonk
	10:45am Break Drinks and snacks available Kids' Wristband Activity	10:45am Break Drinks and snacks available 11+ Mixer Activity
	11:15am Craft time (ages 4-11) C = Laura Hults, Melanie Moerdyk Camp Activity (ages 11+)	11:15am Craft time (ages 4-11) C = Kaylia Roelofs, Esther DeMeester Camp Activity (ages 11+)
	12:30pm Lunch @ dining hall	12:30pm Lunch @ dining hall
	1:30pm Afternoon Free Time	1:30pm Afternoon Free Time Hayride (ages 10 and under)
3:00pm Campsites are available for early check in 4:00pm Cabins and retreat center open for arrivals	2:00pm Enjoy your own free time OR take advantage of activites listed below (2:00-5:00). • Waterfront, Zip Line, Climbing Wall, Blob, Slip & Slide, and Escape Room (wristband required for these activities)	2:00pm Enjoy your own free time OR take advantage of activites listed below (2:00-5:00). • Waterfront, Zip Line, Climbing Wall, Blob, Slip & Slide, and Escape Room (wristband required for these activities)
	5:30pm Dinner @ dining hall (Fishing Tournament Ends)	5:15pm Dinner @ dining hall
5:45pm Dinner @ dining hall		
	6:45pm Evening Session @ Chapel (nursery provided) **The Prayer** (Dr. Ian Macleod) N = Rachel Vergunst, Peyton Roelofs, Laynee Roelofs P = Suzanne Kleyn	6:15 pm Scavenger Hunt & Piñata
7:00pm Evening Session @ Chapel (nursery provided) **The Past** (Dr. Sherif Fahim) N = Sara Bonner, Emma Vlietstra P = Suzanne Kleyn		
8:00pm Evening free time 8:15pm Sunset games (ages 4-10)	8:00pm Campfire in the Ampitheatre (s'mores provided) Host: Calvin Bonner	8:00pm Camp closes
9:15pm Group Activity at Chapel (Middle School - Adult)	9:15pm Talent Show at Chapel	
10:00pm Games at Dining Hall (ages 11+) C = Dawn Vlietstra and Stephanie Vlietstra	10:00pm Games at Dining Hall (ages 11+) C = Nate & Brooke Roelofs	
11:00pm Quiet hours	11:00pm Quiet hours	

UNITY IN THE BODY OF CHRIST

FAMILY CAMP