

MONTH / THEME	MONTHLY PROJECT	WEEK		DATES AND DEADLINES	CONTENT AND/OR ASSIGNMENTS DUE	READING DUE
July ————	Onboarding and pre-assessment	–	–	Complete both onboarding readings and both onboarding pre-assessments by Sunday, August 1st, at 10:00p.	- Take Frontline's online "Reality Check Self Assessment." Your development group leaders will be forwarded a copy. - Take Frontline's online "Leadership Self-Assessment." Your development group leaders will be forwarded a copy.	- Read Overview of Frontline's Five Distinctives (8,500 words, 20 pp.) - Read Frontline's one-page "Guide to Sharing Life Stories"
August ————	Rhythms of Grace Project: You will read through "Part 1: The Inner Life" of <i>The Emotionally Healthy Leader</i> , by Peter Scazzero, which consists of the four chapters entitled "Face Your Shadow," "Lead Out of Your Marriage or Singleness," "Slow Down for Loving Union," and "Practice Sabbath Delight." You will then turn in to your development group leaders your brief written responses to the following self-assessments (one per week): <i>How Healthy Is Your Approach to Your Shadow?</i> <i>How Healthy Is Your Ability to Lead Out of Your Marriage or Singleness?</i> <i>How Healthy Is Your Experience of Loving Union with God?</i> <i>How Healthy is Your Practice of Sabbath Delight?</i>	1	Mon, Aug 2 to Sun, Aug 8	You will receive hard copies of Packer and Scazzero at the retreat. For the readings for the first three weeks of August prior to the retreat, links to PDF readings are provided here.	- After reading chapter entitled "Face Your Shadow," complete brief self-assessment on p. 58 entitled "How Healthy Is Your Approach to Your Shadow?" and email a brief written response to your development group leaders. Let the suggestions beginning on p. 79 guide you (entitled "Understanding Your Shadow Assessment"). - As part of your Rhythms of Grace Project, you will also engage in a media fast of your choice for the month of August (e.g., all social media, or binge-streaming shows, or online shopping, etc.). Approach your fast positively. How will you feast on better things, with the time and attention you free up? Consider reviewing a couple of these resources as you prayerfully plan your fast. - Sherry Turkle's famous TED Talk entitled "Connected, But Alone." "Infographic: How Is Your Phone Changing You?" "10 Things You Should Know about Your Smartphone" "3 Reasons We're Addicted to Digital Distraction" "Why You Should Consider a Social Media Fast"	- Read pp. 21–36 of <i>Concise Theology</i>, by J. I. Packer - Read chapter entitled "Face Your Shadow," in <i>The Emotionally Healthy Leader</i>, by Scazzero
Costly Sacrifice: Giving Our Lives Away in the Local Church		2	Mon, Aug 9 to Sun, Aug 15		After reading chapter entitled "Lead Out of Your Marriage or Singleness," complete brief self-assessment on p. 88 entitled "How Healthy Is Your Ability to Lead Out of Your Marriage or Singleness?" and email a brief written response to your development group leaders. Let the suggestions beginning on p. 114 guide you (entitled "Understanding Your Assessment of Leading Out of Your Marriage or Singleness").	- Read pp. 37–52 of <i>Concise Theology</i>, by J. I. Packer - Read chapter entitled "Lead Out of Your Marriage or Singleness," in <i>The Emotionally Healthy Leader</i>, by Peter Scazzero
		3	Mon, Aug 16 to Sun, Aug 22		After reading chapter entitled "Slow Down for Loving Union," complete brief assessment on p. 121 entitled "How Healthy Is Your Experience of Loving Union with God?" and email a brief written response to your development group leaders. Let the suggestions beginning on p. 141 guide you (entitled "Understanding Your Loving Union Assessment").	- Read pp. 53–68 of <i>Concise Theology</i>, by J. I. Packer - Read chapter entitled "Slow Down for Loving Union," in <i>The Emotionally Healthy Leader</i>, by Peter Scazzero
		4	Mon, Aug 23 to Sun, Aug 29	Overnight Retreat - Friday, August 27th to Saturday, August 28th <i>St. Crispin's Conference Center and Camp</i>, Wewoka, OK	Review Frontline's one-page "Guide to Sharing Life Stories" as you prepare to share your life story with your development group at the retreat. (Many people find it helpful to write their story down.)	Read pp. 69–86 of <i>Concise Theology</i>, by J. I. Packer
		5	Mon, Aug 30 to Sun, Sep 5		After reading chapter entitled "Practice Sabbath Delight," complete brief assessment on p. 149 entitled "How Healthy is Your Practice of Sabbath Delight?" and email a brief written response to your development group leaders. Let the suggestions that begin on p. 172 guide you (entitled "Understanding Your Sabbath Assessment").	- Read pp. 87–102 of <i>Concise Theology</i>, by J. I. Packer - Read chapter entitled "Practice Sabbath Delight," in <i>The Emotionally Healthy Leader</i>, by Peter Scazzero
		September ————	Distinctives Project: With the help of your development group leaders, and with insights drawn from your onboarding self-assessments, you will choose one of the five Frontline distinctives that is an edge of growth for you personally, or that is an edge of growth as it relates your ability to answer the questions of your friends who carry fears, wounds, or misconceptions around that distinctive. You will then read, reflect, and engage in some integration work around that particular challenge as assigned in the Distinctives Project tracks . Refer back to the results of your " Leadership Self-Assessment " to help guide your choice. The five distinctives are: <i>Gospel-Centered</i> <i>Bible-Honoring</i> <i>Spirit-Filled</i> <i>Kingdom-Focused</i> <i>Gender-Redeeming</i>	6	Mon, Sep 6 to Sun, Sep 12	
The Three and the Five		7	Mon, Sep 13 to Sun, Sep 19		Refer to your respective Distinctives Project track for the week two Scripture readings, study materials, reflection questions, and integration exercises.	- Read pp. 120–138 of <i>Concise Theology</i>, by J. I. Packer - Week 2 Distinctives Project assignments
		8	Mon, Sep 20 to Sun, Sep 26		Refer to your respective Distinctives Project track for the week three Scripture readings, study materials, reflection questions, and integration exercises.	- Read pp. 139–155 of <i>Concise Theology</i>, by J. I. Packer - Week 3 Distinctives Project assignments
		9	Mon, Sep 27 to Sun, Oct 3	Monthly Gathering Monday, September 27th 6:30p–8:00p	Refer to your respective Distinctives Project track for the week four Scripture readings, study materials, reflection questions, and integration exercises.	- Read pp. 159–175 of <i>Concise Theology</i>, by J. I. Packer - Week 4 Distinctives Project assignments

MONTH / THEME	MONTHLY PROJECT	WEEK		DATES AND DEADLINES	CONTENT AND/OR ASSIGNMENTS DUE	READING DUE
October Anger, Anxiety, and Anxious Systems	Self-Counseling Project: With the help of your development group leaders and those who know you best, you will choose to work on either anger or anxiety, and will then spend 28 days, beginning October 4th, working through one of the following two resources, reading one daily entry each day. Each week you'll email a brief written reflection of your choice on one of that week's seven entries. • <i>A Small Book about a Big Problem: Meditations on Anger, Patience, and Peace</i>, by Ed Welch • <i>A Small Book for the Anxious Heart: Meditations on Fear, Worry, and Trust</i>, by Ed Welch	10	Mon, Oct 4 to Sun, Oct 10	• Email written reflection by Sunday, October 10th, at 10:00p.	• Email your development group leaders a brief written reflection on one of that week's seven daily entries in the book you've chosen (i.e., <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>).	• Read pp. 176–194 of <i>Concise Theology</i>, by J. I. Packer • Read seven daily entries (one per day) from either <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>.
		11	Mon, Oct 11 to Sun, Oct 17	• Email written reflection by Sunday, October 17th, at 10:00p.	• Email your development group leaders a brief written reflection on one of that week's seven daily entries in the book you've chosen (i.e., <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>).	• Read pp. 195–217 of <i>Concise Theology</i>, by J. I. Packer • Read seven daily entries (one per day) from either <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>.
		12	Mon, Oct 18 to Sun, Oct 24	• Email written reflection by Sunday, October 24th, at 10:00p. Monthly Gathering • Monday, October 18th, 6:30p–8:00p	• Email your development group leaders a brief written reflection on one of that week's seven daily entries in the book you've chosen (i.e., <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>).	• Read pp. 212–229 of <i>Concise Theology</i>, by J. I. Packer • Read seven daily entries (one per day) from either <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>.
		13	Mon, Oct 25 to Sun, Oct 31	• Email written reflection by Sunday at 10:00p.	• Email your development group leaders a brief written reflection on one of that week's seven daily entries in the book you've chosen (i.e., <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>).	• Read pp. 230–247 of <i>Concise Theology</i>, by J. I. Packer • Read seven daily entries (one per day) from either <i>A Small Book about a Big Problem</i> or <i>A Small Book for the Anxious Heart</i>. (At this point, you'll have read no more than 28 entries out of the 50 total in either book. You are not required, but encouraged and welcome, to read to completion on your own.)
November Cultural Counter-Formation	Counter-Formation Project: Each week, you'll personally select and read one of the twelve chapters out of Rebecca McLaughlin's <i>Confronting Christianity: 12 Hard Questions for the World's Largest Religion</i> (see below). Choose three chapters/questions that you think will be most helpful for you personally—either because of questions you are wrestling with, or because of questions people close to you are wrestling with. You will then fill out the online weekly reflection , first indicating which chapter you chose. The largest part of the weekly reflection will be answering the following question: "Think of someone close to you (or imagine someone close to you) wrestling with this issue. Write a paragraph of just some of the things you might say if they asked for your thoughts." Afterwards, forward to your development group leaders a copy of your submission when you receive it in your inbox. 1. Aren't we better off without religion? 2. Doesn't Christianity crush diversity? 3. How can you say there's only one true faith? 4. Doesn't religion hinder morality? 5. Doesn't religion cause violence? 6. How can you take the Bible literally? 7. Hasn't science disproved Christianity? 8. Doesn't Christianity denigrate women? 9. Isn't Christianity homophobic? 10. Doesn't the Bible condone slavery? 11. How could a loving God allow so much suffering? 12. How could a loving God send people to hell?	15	Mon, Nov 1 to Sun, Nov 7		• Submit the online Weekly Reflection for the Counter-Formation Project.	• Read pp. 251–266 of <i>Concise Theology</i>, by J. I. Packer • One chapter of your choice from Rebecca McLaughlin's <i>Confronting Christianity: 12 Hard Questions for the World's Largest Religion</i>
		16	Mon, Nov 8 to Sun, Nov 14	Monthly Gathering • Monday, November 8th, 6:30p–8:00p	• Submit the online Weekly Reflection for the Counter-Formation Project.	• Read pp. 267–276 of <i>Concise Theology</i>, by J. I. Packer • One chapter of your choice from Rebecca McLaughlin's <i>Confronting Christianity: 12 Hard Questions for the World's Largest Religion</i>
		17	Mon, Nov 15 to Sun, Nov 21	Small Group Celebration Dinner • This final standalone small group meeting will be a celebration dinner, coordinated and hosted by the small group leaders. • Can be scheduled any time prior to Monday, November 22nd. • Small group leaders should plan to "eulogize" each participant.	• Submit the online Weekly Reflection for the Counter-Formation Project.	• One chapter of your choice from Rebecca McLaughlin's <i>Confronting Christianity: 12 Hard Questions for the World's Largest Religion</i>