

FRONTLINE'S CHURCH-WIDE 24 HOURS OF PRAYER

This guide is intended to inform your prayers during your prayer block. Each guide is divided into three movements specified for your hour of prayer:

- **MEDITATE:** *Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.*
- **LISTEN:** *Ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.*
- **INTERCEDE:** *Read the passage provided and intercede for the given topic with the themes from the scripture in mind.*

Pray Along With Us

We have unique guides for the morning and evening hours. Each hour below is linked to a prayer guide that will help you meditate, listen, and intercede during your prayer block. Find the number of the hour when your prayer block begins, click the link, and pray along with us.

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SIGN UP FOR A PRAYER BLOCK





24 Hours of Prayer

Intercession Guide

One: 1 AM or 1 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

***Unchangeable: God is unchanging in his being,
perfections, purposes, and promises.***

- **Scriptures:** Psalm 102:25-27, James 1:17, Isaiah 46:9-11, Numbers 23:19
- **Pray:** God is unchangeable, which means he's entirely worthy of our trust. Pray for our church to increase its collective joyful reliance upon God and for our city to see revival and renewal. In a moment when everyone is looking frantically to find security in an ever-changing world, God is the constant that can be trusted.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Joel 2:28-29** and intercede for **teenagers and young adults** with themes from this Scripture in mind: an outpouring of the Spirit of God, dreams, visions, and prophecy.*





24 Hours of Prayer

Intercession Guide

Two: 2 AM or 2 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

***Timeless: God has no beginning or end. He has always been.
He exists outside of time, yet he sees and works in real time.***

- **Scriptures:** Revelation 1:8, Psalm 90:2, Isaiah 57:15
- **Pray:** God's timelessness tells us his wisdom is inexhaustible and elevates the majesty of his nearness to us in Jesus. Pray for our church to have an increased awe at who God is. Pray for God's timeless wisdom to reign in our church, city, and government. Pray for the crushed in spirit to be lifted because the timeless one draws near.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Acts 2:42-27** and intercede for **Community Groups** with themes from this Scripture in mind: steady devotion to the Word, prayer, and community, as well as unbelievers added to the Church.*





24 Hours of Prayer

Intercession Guide

Three: 3 AM or 3 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Omnipresent: God is everywhere and fills heaven and earth.

- **Scriptures:** Jeremiah 23:23-24, Psalm 139:1-10, 1 Kings 8:27
- **Pray:** God's omnipresence tells us both of God's rule over all the earth and of his ever-present availability to his people. Pray for an increase in our awareness of God's presence. Pray that God's presence would give us courage to fight sin and live obedient lives. Pray for the downcast and lonely.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

Read **Luke 18:1-8** and intercede for **the Presence of God on Sundays** with themes from this Scripture in mind: persistence in prayer for our church and an accurate view of God as a generous Judge.





24 Hours of Prayer

Intercession Guide

Four: 4 AM or 4 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

***Omnipotence: There is no power above or beyond God.
He can do all of his holy will.***

- **Scriptures:** Jeremiah 32:17, Psalm 24:8, Psalm 115:3
- **Pray:** Pray confidently for God's Kingdom to come and his will to be done. Pray for an increase in our experience of God's power over sickness, evil, and sin.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Acts 4:23-31** and intercede for **elders and deacons** with themes from this Scripture in mind: boldness to share the gospel and physical, mental, and spiritual health.*





24 Hours of Prayer

Intercession Guide

Five: 5 AM or 5 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Faithful: God will always do what he has said and fulfill what he has promised.

- **Scriptures:** Titus 1:2, Psalm 18:30, Deuteronomy 32:4, Isaiah 46:10-11
- **Pray:** Pray for our church to rely more on God's word. Praise God that he never gives up on his people. Pray for prodigals to return. Pray for the lost to trust God's word in Jesus and be saved.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Isaiah 62:6-7** and intercede for **missional outreach** with themes from this Scripture in mind: our church to be a watchful and prayerful people and for God's purposes to be established on the earth.*





24 Hours of Prayer

Intercession Guide

Six: 6 AM or 6 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Independent: God is entirely sufficient within himself. He has no need or limitation that he should look outside of himself for help.

- **Scriptures:** Acts 17:24-25, Psalm 50:10-12, Philippians 4:19
- **Pray:** God's independence gives us confidence that he lacks nothing in accomplishing all his purposes on earth. While he needs nothing from us, he delights in supplying help and even offering himself to his people. We ought to pray with assurance and expectation that nothing is too hard for God.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Ephesians 3:20-21** and intercede for **the proclamation of the Word** with themes from this passage in mind: God would do extraordinary things in our midst and Jesus' glory would reach future generations.*





24 Hours of Prayer

Intercession Guide

Seven: 7 AM or 7 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Independent: God is entirely sufficient within himself. He has no need or limitation that he should look outside of himself for help.

- **Scriptures:** Acts 17:24-25, Psalm 50:10-12, Philippians 4:19
- **Pray:** God's independence gives us confidence that he lacks nothing in accomplishing all his purposes on earth. While he needs nothing from us, he delights in supplying help and even offering himself to his people. We ought to pray with assurance and expectation that nothing is too hard for God.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read 2 Chronicles 7:14 and intercede for **children and families to seek God's face** with themes from this passage in mind: humility, repentance, and healing.*





24 Hours of Prayer

Intercession Guide

Eight: 8 AM or 8 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Holy: Holiness is God's supreme attribute. He is perfect, spotless, entirely other from his creation. He is separate from sin and entirely devoted to his own purposes.

- **Scriptures:** Psalm 96:9, Isaiah 6:3, Leviticus 19:2, 1 Peter 1:16
- **Pray:** Worship God as the living and true holy One. Pray for our church to grow in holy living. Pray for the Spirit to open the minds of unbelievers to the holiness of God and the urgency of turning to him for salvation.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

Read **Habakkuk 3:2** and intercede for **the Frontline Communion of Churches**, keeping in mind themes from this passage: God would bring revival now, and that the Church would have a deep sense of hunger and repentant hearts.





24 Hours of Prayer

Intercession Guide

Nine: 9 AM or 9 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Peace: God's peace means God's being and actions are free from confusion and disorder. He doesn't just offer peace. He himself is peace.

- **Scriptures:** 1 Corinthians 14:33, Romans 15:33, Romans 16:20, Galatians 5:22-23
- **Pray:** Delight in God as the source of all peace. Pray for the Holy Spirit to draw the members of our church into more of God's peace, clarity, and order. Pray for the persecuted church all over the world to be strengthened by God's peace. Pray for more of God's peace in the earth over strife, conflict, and mental illness. Pray for an increased surrender to the wisdom of God.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Isaiah 64:1-4** and intercede **for our church's financial generosity** with themes from this passage in mind: God would make his name famous from OKC to the nations, and God would captivate young people's affections within our church.*





24 Hours of Prayer

Intercession Guide

Ten: 10 AM or 10 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

***Love: God is eternally self-giving for the blessing, benefit,
and care of both his creation and his people.***

- **Scriptures:** 1 John 4:8 & 19, John 3:16, Zephaniah 3:17
- **Pray:** Take a moment to worship God for his love in Jesus, and ask for a felt increase of his love. Pray for our church leaders, church members, and our next generation ministries to be shaped by God's love. Pray for more power in the Church's witness to be one genuine love.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Isaiah 55** and intercede for the **women of our church** with themes from this passage in mind: communal seeking of the Lord in our church and city, a longing to see the mighty works of God, and that God would raise intercessors in our midst.*





24 Hours of Prayer

Intercession Guide

Eleven: 11 AM or 11 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

***Love: God is eternally self-giving for the blessing, benefit,
and care of both his creation and his people.***

- **Scriptures:** 1 John 4:8 & 19, John 3:16, Zephaniah 3:17
- **Pray:** Take a moment to worship God for his love in Jesus, and ask for a felt increase of his love. Pray for our church leaders, church members, and our next generation ministries to be shaped by God's love. Pray for more power in the church's witness to be one genuine love.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Isaiah 55** and intercede for **men of our church** with themes from this passage in mind: communal seeking of the Lord in our church and city, a longing to see the mighty works of God, and that God would raise intercessors in our midst.*





24 Hours of Prayer

Intercession Guide

Twelve: 12 AM or 12 PM

MEDITATE

Reflect on a divine attribute of God and voice prayers of praise and adoration as you remember what is true about him.

Jealous: God is committed to protecting his honor and having the undivided devotion of his people.

- **Scriptures:** Exodus 34:14, Isaiah 48:11, James 4:4-8
- **Pray:** Praise God for his commitment to his own glory, and his commitment to pursue us throughout the course of our lives to be more submitted to him. Pray for God to get every ounce of glory out of our church. Pray for revival to sweep across our city.

LISTEN

Pray and ask God what he is saying to you. Allow for silence to hear from the Holy Spirit.

Pause to listen to the Holy Spirit. What do you sense God is saying to you? Write down any words, pictures, or scriptures as he leads. Let the Holy Spirit shape how you pray for the topic below.

INTERCEDE

*Read **Revelation 21:1-7** and intercede for the **demonstrated power of the Spirit in the church** with themes from this passage in mind: God would make his people prepared to receive Him and bring justice and restoration to our city and world.*

