



A.C.T.S. PRAYER METHOD

A – Adoration

We worship God by telling him about his great works

“Lord, you are so gracious, that you have saved us, your people.”

C – Confession

We confess to God the ways that we still fall short of his righteousness.

“I confess that while I know I am your follower, I have failed to live up to your righteous commands at work, at home, with others.”

T – Thanksgiving

We proclaim thanksgiving for the good news that Jesus gives us in light of our confession.

“But Lord, I rejoice that because of Jesus’s work on the cross, I am forgiven still, and called to walk in your ways anew!”

S- Supplication

Now we ask the Lord for what we need help with in our lives.

“Help me Father, to be a father to my children this evening at bedtime that reflects your heart for your children.”

