

Counseling Cohort:

ADHD, Science, and Scripture



June 27, 2026



Schedule



8:00 am - 8:15

Fellowship



8:15 - 8:30

Announcements



8:30 - 9:30

Teaching



9:30 - 9:40

Break



9:40 - 10:40

Teaching



10:40 - 10:45

Break



10:45 - 11:15

Q&A



Session 1

ADHD is the most common psychological diagnosis in America today. Both children and adults are routinely diagnosed and medicated for what is widely assumed to be a legitimate medical condition. As a result, the church has largely withdrawn from offering a biblical response or meaningful help to those experiencing its very real symptoms.

This session will provide an in-depth examination of the psychological research on ADHD and the common methods of treatment.

Yet, when we look more carefully at the scientific evidence, it becomes clear that while the symptoms are real, ADHD itself is not a genuine medical disorder. Instead, it is the Bible—not psychology—that gives us the right categories and the true answers for understanding and addressing these struggles.



Session 2

The Bible may not use modern terms like “mental disorders” or Attention Deficit–Hyperactivity Disorder (ADHD), but it speaks extensively to the kinds of behaviors and struggles often associated with these labels. Biblical counselors are not primarily trying to cure a disease or alter brain chemistry; rather, they seek to help people bring every area of life under the lordship of Jesus Christ.

In this session, we will explore how Scripture addresses the behavioral symptoms commonly linked with ADHD and how Christ-centered counsel speaks into these real-life challenges.



Register Here:

<https://www.gbcboerne.org/counselingcohort>

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