



Rhythm  
OF

# WORSHIP

A W O R S H I P L E A D E R ' S

*Weekly Devotional*

Monday Nov. 18 - Sunday Nov. 24, 2019

# The Temptation of Jesus

## Theme for Sunday

## Reflections

*“Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during...”*

**Luke**  
4:1-13

We can learn a lot from the things Jesus did when begin tempted. 1) Jesus was “full of the Spirit.” (4:1) 2) Jesus recited Scripture (4:4, 4:8, 4:12). 3) Jesus fasted (4:3).

- 1) The same Spirit that was in Jesus is the same Spirit that dwells in us. The power of the Holy Spirit makes us able to resist sin and all of its temptations. We may not be perfect, but we can be faithful, prayerful and perseverant (Col 4:2, 1 Thess 5:13).
- 2) Jesus recited Scripture. Whether it is to combat the enemy directly or to remind ourselves, having God’s Word written on our hearts is not only beneficial, it is Christ-like. (Psalm 119:11, 2 Cor. 3:3)

3) Fasting is one of the tougher disciplines yet present in the life of Christ none-the-less. John Piper describes it as a, “physical exclamation point at the end of our pleas to God.”

\* What do I need to repent of this week?

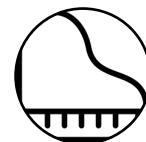
\* What feels too heavy to carry this week?

\* What are my temptations?

\* How often do I pray for my temptations to be conquered?

\* What, practically speaking, could I do to help protect myself from temptation?

\* Have I fasted before? Why or why not?



# Prayer

HEAVENLY FATHER,

Save me entirely from sin.

I know I am righteous through the righteousness of another,  
but I pant and pine for likeness to thyself;

I am thy child and should bear thy image,  
Enable me to recognize my death unto sin;  
When it tempts me may I be deaf unto its voice.  
Deliver me from the invasion as well as the dominion of sin.

Grant me to walk as Christ walked, to live in the newness of his life,  
the life of love, the life of faith, the life of holiness.

I abhor my body of death, its indolence, envy, meanness, pride.  
Forgive, and kill these vices,

have mercy on my unbelief, on my corrupt and wandering heart.

When thy blessings come I begin to idolize them,  
and set my affection on some beloved object —  
children, friends, wealth, honor;

Cleanse this spiritual adultery and give me chastity; close my heart to all but thee.

Sin is my greatest curse;  
Let thy victory be apparent to my consciousness, and displayed in my life.

Help me to be always devoted, confident, obedient,  
resigned, childlike in my trust of thee,  
to love thee with soul, body, mind, strength,  
to love my fellow-man as I love myself,  
to be saved from unregenerate temper,  
hard thoughts, slanderous words, meanness, unkind manners,  
to master my tongue and keep the door of my lips.

Fill me with grace daily,  
that my life be a fountain of sweet water.

taken from "The Valley of Vision: A Collection of Puritan Prayers and Devotions"

# SONGS AND ART

## 1. THE LION AND THE LAMB

"And every chain will break"

## 3. WHO YOU SAY I AM

"I am chosen, not forsaken"

## 5. HEAL OUR LAND

Spirit of God, breathe on Your church"

## 2. ABIDE

"With every passing hour, Your presence all I need"

## 4. GREAT ARE YOU LORD

"These bones will sing"

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