WHAT IS PRAYER?

Prayer is talking with God. It involves both speaking and listening, and is both a private as well as a community activity. Common elements of prayer include petition, intercession, adoration, thanksgiving, confession and silence, as we listen for God's voice. The primary aims in prayer are knowing and honoring God.

Prayer was a regular part of Jesus life and ministry.

The news about Him spread even more, and large crowds would come together to hear Him and to be healed of their sicknesses. Yet He often withdrew to deserted places and prayed. Luke 5:15-16 (HCSB)

Prayer is an activity of the Holy Spirit.

In the same way the Spirit also joins to help in our weakness, because we do not know what to pray for as we should, but the Spirit Himself intercedes for us with unspoken groanings. Romans 8:26 (HCSB)

Prayer is a means to experiencing God's healing.

If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land. 2 Chronicles 7:14 (ESV)

Prayer is to be offered in Jesus; name and for his glory.

Whatever you ask in My name, I will do it so that the Father may be glorified in the Son. If you ask Me anything in My name, I will do it. John 14:13-14 (HCSB)

Prayer was taught by Jesus to his disciples.

He was praying in a certain place, and when He finished, one of His disciples said to Him, "Lord, teach us to pray, just as John also taught his disciples." Luke 11:1 (HCSB)

Prayer is God's will for us and to be a continual part of life.

Rejoice always! Pray constantly. Give thanks in everything, for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18 (HCSB)

Prayer is a means for enlightenment among God's people.

I pray that the perception of your mind may be enlightened so you may know what is the hope of His calling, what are the glorious riches of His inheritance among the saints, and what is the immeasurable greatness of His power to us who believe, according to the working of His vast strength. Ephesians 1:18-19 (HSCB)

Prayer is a means for our strengthening.

That according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. Ephesians 3:16-19 (ESV)