



Our Breakout Sessions

Craft Creation



Enjoy a time of fellowship as we create a 12" wooden sign. Select from a variety of powerful Bible verses for your design. This will make a perfect door hanger!

Leaders: Cathy Toso & Stephanie Atlas

A Time to Breathe

Take some time to refresh your mind, body, and spirit. We will use body movements to appreciate all that our bodies are capable of doing. A blend of strength, stretch, balance, and relaxation for all levels and ages.

Leader: Sue Daniel

Surrendering Shame Bible Study

Ever since The Fall in Genesis 3, humankind has experienced shame. This study will journey through Scripture to discover how the heavy burden of shame can be a bridge to God's transformative redemption and love.

Leader: Amy Graczyk

Cultivating Resilience Bible Study

How can we care for the 1 in 5 US adults who experience mental illness each year? In this study, we will explore how to strengthen 7 biblical characteristics that help one become more resilient to life's traumas and difficulties.

Leader: Kati Young



Your Stay at the *Osthoff Resort* Includes:

- ❖ One night lodging at The Osthoff Resort in Elkhart Lake, WI. This elegant resort offers spacious suites with a full-size kitchen and dining area as well as amenities like a pool, hot tub, and exercise room.
- ❖ All activities, speakers, and breakout sessions.
- ❖ Lunch served on Saturday (Please note: no breakfast will be served on Saturday)



SCAN ME

Register online at bit.ly/graceretreat24

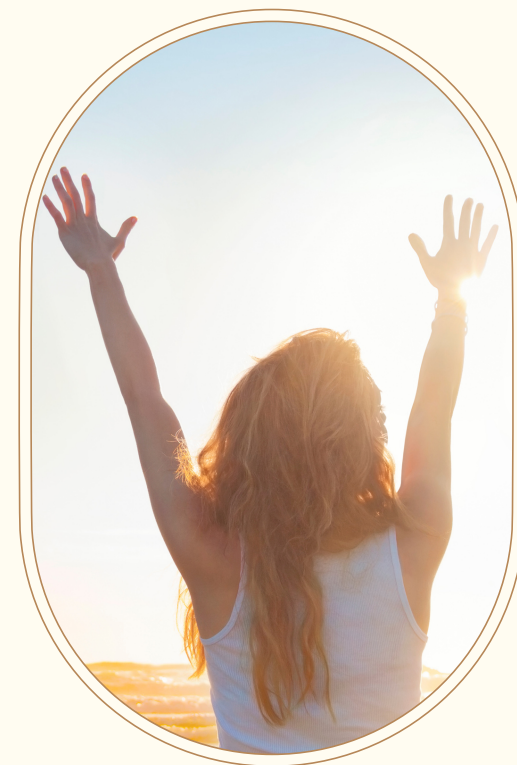


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www.grace-connect.org

Strength in Surrender



Grace Lutheran Women's Retreat

March 8-9, 2024

The Osthoff Resort
Elkhart Lake, WI



Our Purpose

In our self-reliant American culture, the idea of surrendering to an external authority often raises resistance.

Yet, Jesus invites us to come to Him and relinquish control of our lives, our will, and our possessions. In place of our struggle and isolation, He offers rest and fulfillment.

As we deepen our trust in God's sovereignty, we can begin to let go of the things we hold tightly to. We can experience God's lasting peace, power, and provision as we live surrendered to Him.

Through inspirational teachings and shared experiences at this year's retreat, discover that surrendering to God is not a sign of weakness but rather a testament to your strong, unwavering faith.

*Cast your cares
on the Lord and
He will sustain you
~Psalm 55:22*



Our Generosity Project

In the fall of 2023, Ebenezer Stone Ministries South Women's House opened its doors! This house provides secure housing for women healing from incarceration, addiction, or self-destruction. It strives to bring them to Christ, to their families, and to their communities with a firm foundation. Let's do our best to support these women through a faith-based recovery approach & transformative residential program!

Donations will be accepted online at bit.ly/womenshouse

Checks can be made out to Grace Lutheran Ministries (marked for Women's House).



Our Speaker

Christine Medcalf is a dedicated leader in the realm of family ministry. A beloved bible study leader at previous Grace Women's Retreats, Christine currently serves as the Director of Family Ministry at Grace Lutheran Ministries in Menomonee Falls, WI. She graduated from Concordia University Nebraska with two bachelor's degrees in Christian Education Leadership and Elementary Education and was awarded the 2017 "Outstanding Education Graduate". Recently, she graduated from Concordia University Wisconsin with a master's degree in Family Life. The National Association of Directors of Christian Education recognized her with the 2022 "Outstanding New DCE Award". Christine and her husband, Matthew, reside in Germantown, WI, and are eagerly anticipating the arrival of their first son in November 2023.