SOUL IN THE CITY PACKING LIST

Twin-sized air mattress, pillow, and linens (sheets & blankets)		
Working shoes/sneakers	(SHOES WILL GET DIRTY)	
Sneakers, flip flops or sandals	(FOR FREE TIME ONLY)	
Shorts (no cut off, spandex, or short shorts)	(HIGHLY RECOMMENDED:	
Shirts (must cover entire stomach; no spaghetti straps)	BRING (2) ADDITIONAL SETS OF CLOTHES)	
Hat / Sun hat / Bandanna	(HIGHLY RECOMMENDED)	
Water Bottle (RECOMMENDED: 1/2 GALLON; CLEARLY LABELED WITH FULL NAME)		
Medication with detailed instructions These will be labeled, bagged and distributed by a camp nurse		
Bible (Grace Anglican will be providing a Journal and Pen)		
Bug repellent (spray or lotion)		
Sun screen (spray or lotion)		
Bathing Suit, Shirt, Beach Towel (FOR WED ACTIVITIES: NO BIKINI'S OR SPEEDOS; TANKINI'S/ONE PIECE ARE ACCEPTABLE)		
Toiletries (toothbrush/paste, comb/brush, shampoo, soap, feminine hygiene products, etc)		
Spending money for merchandise and snacks	(RECOMMENDED: \$30)	
(Shower) Bathing suit and (2) Bath Towels	(FOR SHOWERS)	

DRINK PLENTY OF WATER THE WEEK PRIOR TO CAMP TO AVOID DEHYDRATION

LABEL EVERYTHING with your full name

MOBILE PHONES ARE NOT PERMITTED throughout the duration of the week on church campus, vehicles, or worksites. Any phone or electronic devices will be taken from students upon discovery and safely held until the end of the week. Repeat offenders of the "No Phone Policy" may be sent home for the remainder of the week without refund.