

Headship is Nurture and  
Tender Care

Only two choices?

- Feminism
- Male chauvinism



# Proverbs 31:11

It's remarkable that her husband realizes that his “well-being stands or falls on her reliability”, because “this husband and wife enjoy a robust spiritual relationship”

Bruce Waltke, *Proverbs 15-31*, p. 521

Ephesians 5:28-30  
Message

A Christlike husband loves his wife by  
nurturing her with tender care

# Headship is Nurture and Tender Care

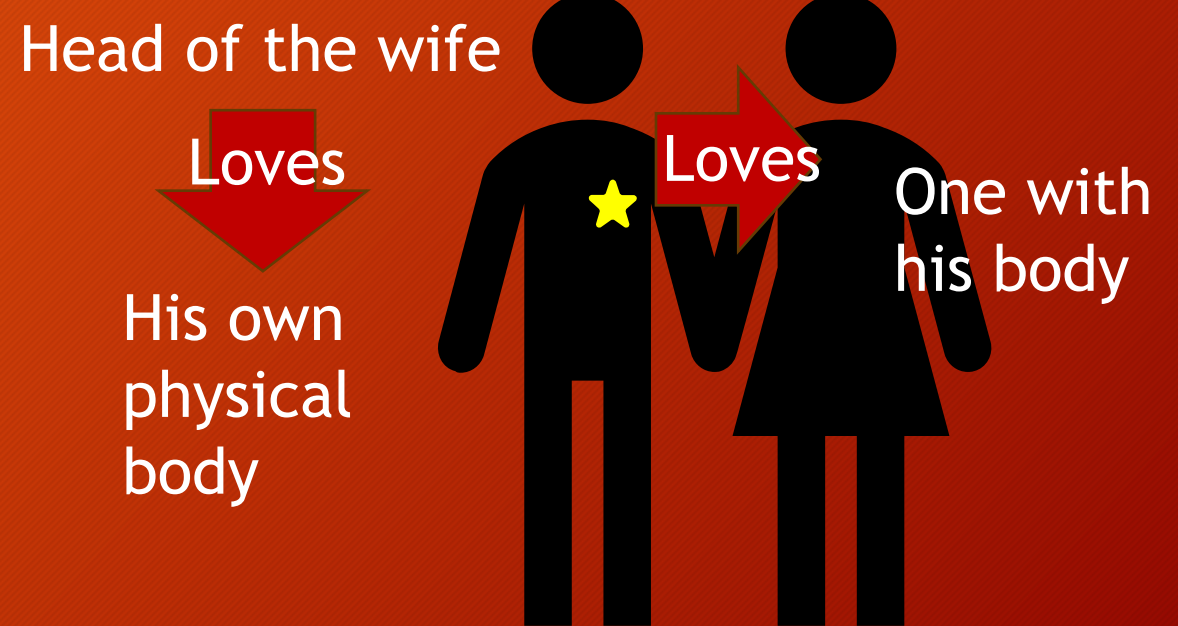
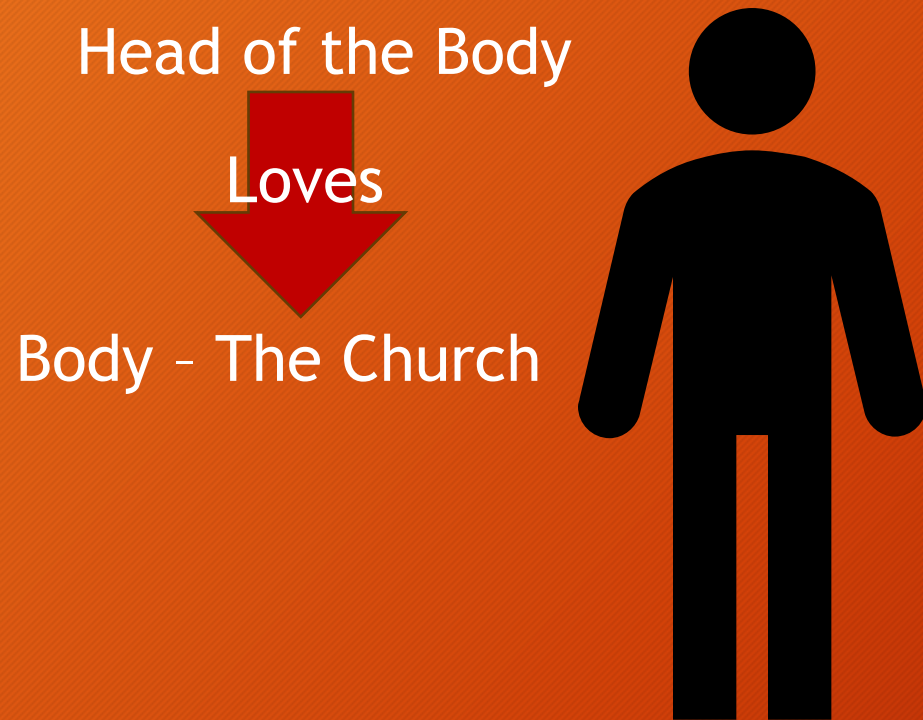
## Eph 5:28-30

- I. Husband, love your wife as your own body (28a)

# Loving one's body: Christ and husbands

Christ

Husband



# Headship is Nurture and Tender Care

## Eph 5:28-30

- I. Husband, love your wife as your own body (28a)
- II. Tender care for your wife is tender care for yourself (28b-29a)

# Self harm

Besides God, “All other paths loop back to yourself. It is as if you can’t get away from you and your swirling emotions. The Psalms come down, describe and name these swirling emotions, then take us outside of ourselves and to the God who gives hope”

Ed Welch, *The Journal of Biblical Counseling*, vol. 22, no. 2, p. 37



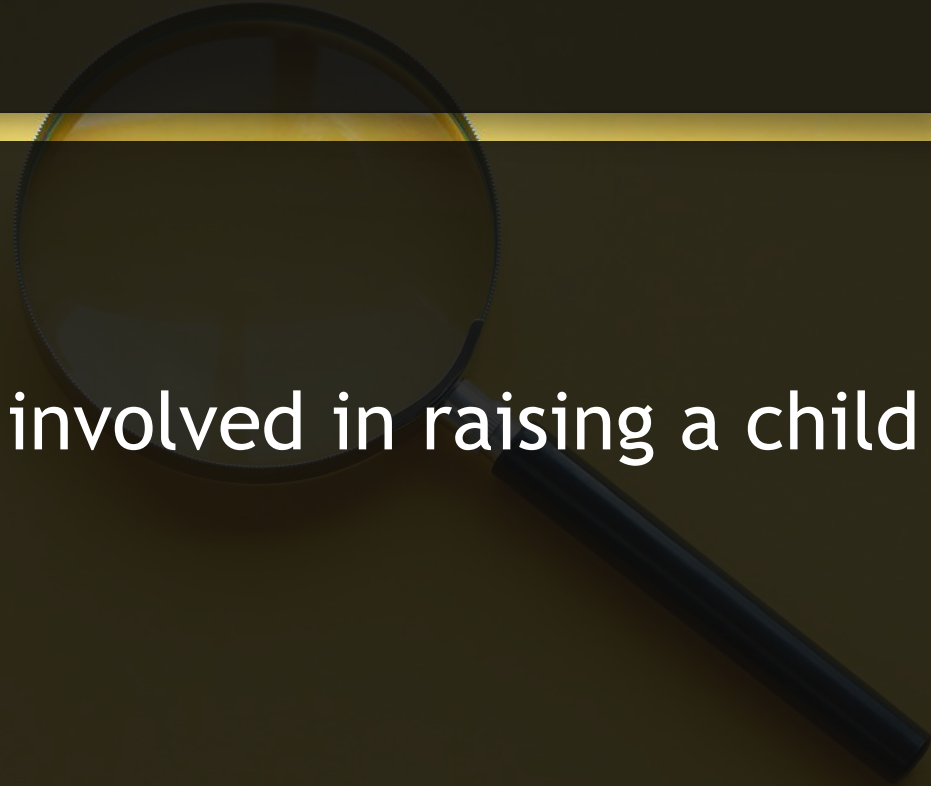
# “Nourish” and “Cherish”

## Nourish

- To nurture
- The full-orbed parenting involved in raising a child to maturity

## Cherish

- Caring for someone
- Taking tender care of someone (1 Thess 2:7)



# Headship is Nurture and Tender Care

## Eph 5:28-30

- I. Husband, love your wife as your own body (28a)
- II. Tender care for your wife is tender care for yourself (28b-29a)
- III. This imitates Christ's tender care for His Church (29b-30)

# Christ's nurturing and tender care for the Church in Ephesians

He redeemed it (Eph 1:7-12; 2:1-10)

He sealed it (1:13-14)

He empowered it (1:19-23)

He brought it into one body (2:16)

He filled it with God's fulness (3:19)

He gifted it (4:7-16)

He loved and sanctified it (5:25-26)

“He nurses her with the warmth of his love and power so that she will be able to cope in the world”  
(Harold Hoehner, *Ephesians*, p. 768)